

32nd Annual Conference
of the
MISSOURI COORDINATED SCHOOL HEALTH COALITION

Collaborative Pathways: Building Tomorrow's Infrastructure Together

Attendee Registration

April 14-16, 2025

The Lodge of Four Seasons
315 Four Seasons Drive
Lake Ozark, Missouri 65049

Missouri Coordinated School Health Coalition would like to welcome you to the 32nd Annual Conference, where we anticipate over 200 participants, ranging in backgrounds from health teachers, school nurses, wellness coordinators, food service staff and public health partners to counselors, social workers, school psychologists, physical educators and school administrators. Join MCSHC and showcase your organization all while networking with the people working tirelessly behind the scenes to make Missouri schools healthier!



Monday, April 14, 2025

8:30 am

Registration

PRE-CONFERENCE SESSIONS

9:00 - 12 noon

Caring for Asthma in Schools

Asthma is the most common chronic health condition affecting children of all ages. It is critical for school staff responsible for providing health care for students to not only understand the seriousness of asthma for some students but also understand how students can be more successful if they understand how to control their asthma. Inhaler technique is an important part of asthma care and can make a difference in providing care for the student with asthma. Understand the role of school staff when a student presents having trouble with their asthma. Resources for helping parents with access to care and medication will be discussed along with updated best practices for treatment of asthma.

Deb Cook, RN, AE-C, Retired School Nurse; Angie Anderson, BSN, RN, NCSN, Therapylog

10:00 - 5:30 pm

Elevate Your Campus With WSCC: Where Success Meets Strategy

Transform your school or district into a thriving, healthy environment that prioritizes physical and emotional well-being! Join this immersive session to discover actionable strategies based on the Whole School, Whole Community, Whole Child (WSCC) model. Explore one district's inspiring journey to create a culture of health and wellness through a dynamic leadership team approach involving nurses, social workers, physical educators, counselors, school resource officers, and safety directors. Participants will leave equipped with practical tools and insights to implement change and will gain in-depth knowledge on effectively utilizing the School Health Index to assess, plan, and enhance health initiatives in their schools. Whether you're from a small or large school, learn how to maximize your existing resources and foster a healthier environment for students, staff, and the community. Don't miss this opportunity to lead impactful change!

Dr. Ashley Krause, Associate Superintendent, Farmington R-7 School District

1:00 - 4:00 pm

Let's Make Sure They Can See & Hear

Vision and hearing are critical for children to learn. It is important for school staff to understand the impact of school vision and hearing screening programs. Understanding best practices is essential for school screening programs. This session will allow participants to understand the importance of school vision and hearing screening programs including the screening protocols and state guidelines related to screening programs. Demonstrations of vision and hearing screening will be provided along with time for actual hands on by the participants.

Deb Cook, RN, AE-C, Retired School Nurse; Angie Anderson, BSN, RN, NCSN, Therapylog

1:00 - 5:30 pm

Adolescent Health (Invitation Only)

The Adolescent and School Health (ASH) Program within MO DHSS aims to serve Missouri youth by providing services that help adolescents lead physically and emotionally healthy lives. ASH has partnered with the Missouri Institute of Mental Health to offer the Youth version of their program to facilitators. Youth Mental Health First Aid aims to teach any adult caregiver to identify, understand, and respond to an adolescent who may be experiencing a mental health or substance use challenge. In this half-day pre-conference workshop, attendees can expect to be able to identify signs and symptoms of mental health challenges and substance use; gain experience in interacting with a youth in crisis; learn how to navigate referring youth for help; and overall increased knowledge of trauma, self-care, and the impact of social media.

5:30 - 6:00 pm

MEMBERSHIP MEETING

6:00 - 7:30 pm

RECEPTION with EXHIBITORS

Nacho Bar will be provided during the reception with exhibitors along with a cash bar.

Tuesday, April 15, 2025

7:30 am

Registration

7:30 - 8:30 am

Breakfast

8:30 - 8:45 am

WELCOME & CONFERENCE KICK-OFF

8:45 - 9:45 am

OPENING SESSION

Understanding and Navigating Healthcare and Community Supports for Students

Unmet healthcare and other needs impact students' ability to learn and be successful. Navigating these social service and

healthcare needs can be challenging for school staff members, who often encounter difficulties in providing the necessary support or accessing resources for students. Learn how family, school, community partnerships make a difference for students and improve educational outcomes, and how to begin this work in your community. As part of this conversation, we will explore several of the benefits offered by the managed care organizations that provide insurance coverage for people who are Medicaid eligible.

Robert Stiles, University of Kansas Medical Center; Representatives from Home State Health, Healthy Blue Missouri and United Health Care

9:45 - 10:00 am

Break

10:00 - 11:00 am

CONCURRENT BREAKOUT SESSIONS

Making Sense of What Doesn't Make Sense: Age of First Use and Trauma as Risk Factors for Substance Use

Many of us can describe the behavior of someone who lives with a substance use disorder or SUD (addiction), but few understand what's really happening. In this session, Heather will explain how these mystifying disorders develop, and why the age of first use coupled with childhood trauma multiply risk factors for youth. She will focus on legal drugs already in the community: alcohol, nicotine (tobacco and vaping) and cannabis. She will also offer examples of community responses that can help protect young brains. Heather believes "people learn more when they are having fun" so she uses drawings, a ukulele, lights, and bean bags to drive home her message.

Heather Harlan, CRPS, MAADC II, Columbia/Boone County Public Health and Human Services

Driving Change: Empowering Youth with SADD's Proven Programs

This dynamic workshop delves into SADD's impactful programs that equip youth to lead traffic safety and prevention initiatives. Participants will gain insights into creating content that resonates with young audiences and learn how to empower students to drive change through peer education. By examining SADD's Rock the Belt and Is It Worth the Risk programs, attendees will explore effective methods for addressing impaired and distracted driving among teens. The session will highlight practical strategies for project planning, fostering leadership, and utilizing youth-driven approaches to promote safe driving and prevention efforts.

Chris Dzurick, Missouri SADD Coordinator, Act Missouri, Missouri SADD; Alicia Ozenberger, Executive Director, Act Missouri

Introduction to Missouri's School-Based Mental Health Framework

What is School-Based Mental Health (SBMH)? How can the Missouri SBMH Framework be helpful to you? What are the best practices that can help your school create effective partnerships and integrated multi-tiered systems of support? This session will explore the new Missouri SBMH Framework and share additional resources and opportunities.

Dr. Melissa Maras, Research Consultant, University of Missouri Assessment Resource Center; Chrissy Bashore, Coordinator, School Counseling and Student Wellness, DESE

Let's Talk About It-SchoolLink Services with Integrated Parent-Facing Supports

SchoolLink supports Missouri school professionals with evidence-based best practice information, connection to vetted resources, and collegial listening support from experienced colleagues. ParentLink supports anyone caring for a child in Missouri and provides a valuable resource for school professionals guiding students and their families. This session discusses the application of this two-pronged approach in empowering school professionals who are making a profound difference in the lives of children and youth.

Kelsey Cunningham, Warmline Supervisor, ParentLink

11:15 - 12:15 pm

Lunch

12:15 - 12:30 pm

Break

12:30 - 1:30 pm

CONCURRENT BREAKOUT SESSIONS

Breathe Better: Stress Less

Whether at school or work, each of us experience stress throughout our daily activities. At the same time, we also have a powerful stress management tool with us at all times: our ability to implement breathing strategies. Incorporating deliberate breathing strategies into daily routines and performance preparation can be an effective way to manage stress, boost resilience, and enhance both mental and physical capabilities. There are a variety of breathing strategies that are easy to learn, teach, and implement to help us all achieve improved health and wellness. Join this session and leave with new information and tools that you can implement today!

Matt Symonds, MOSHAPE

The Power of Partnerships

The St. Louis Public School (SLPS) district has been on a mission since 2012 to transform the district's focus on health and wellness. Therefore, the SLPS Academics In Movement (AIM) Healthy School Initiative was established, concentrating on

creating comprehensive, equitable programs/projects/processes focused on creating healthier school environments, integrating physical activity into the academic setting, and connecting students to nature. The school district implemented the Alliance for a Healthier Generations School Health Program and developed a unique partnership with BJC HealthCare called the SLPS-BJC Liaison program. As a result of these efforts, currently 30 SLPS schools reached the status of America's Healthiest Schools, with 5 of those schools reaching the All-Star level. This achievement equates to approximately 10,000 students and over 1,000 faculty/staff who have been affected by the health and wellness changes their individual schools integrated into their physical environment, daily schedule, practices, and policies. In the 2022-2023 school year, elementary AIM schools had an average daily attendance of 88.3% compared to 83.9% in non-AIM schools. Average daily attendance in high school AIM schools was 88.9% compared to 84.8% in non-AIM schools. Average discipline incidents in elementary AIM schools were 68.3 compared to 124.1 in non-AIM schools. These outcomes speak to the power of creating healthy and inviting learning environments for students and staff. Schools and healthcare systems can work together toward common wellness goals to help build the healthiest generation. Attendees will be introduced to the Alliance for a Healthier Generation's six-step process used between the school district and healthcare partner to create a healthier school environment, learn about the positive affect of "re-framing" and how to develop and support this type of collaboration for long-term impact.

Leanne M. White, Saint Louis Public Schools; Denise Strehlow, BJC Healthcare; Erica Oliver, BJC Healthcare

It's Complicated: Engaging Youth Voices in a Cannabis Prevention Program

PreventEd will share details on the development, implementation, and evaluation of a peer-taught cannabis prevention program. This curriculum was designed to engage Junior and Seniors at a local high school to facilitate the lessons with their Freshman and Sophomore peers. In prevention efforts, the messenger is often just as important as the message. By empowering young people to be leaders, they have the ability to gain a deeper understanding of the prevention information and the lesson is better received by their peers. This curriculum is implemented in a 3-lesson series that provides up-to-date facts on the changing landscape of cannabis in MO and across the U.S. In a randomized control trial, results have recently shown that there are several outcomes with statistically significant results. The outcomes of the program will be discussed in the presentation, along with lessons learned and ongoing efforts to enhance the program.

Emma Wilson, PreventEd

STI Prevention

This presentation is an overview of sexually transmitted infections among adolescents and young adults. It describes reportable STIs, transmission, prevention, testing and resources. Come learn about the goals and services of the Bureau of HIV, STIs and Hepatitis Prevention Team.

Shirley Murphy, Missouri Department of Health and Senior Services-Bureau of HIV, STI, and Hepatitis

Empowering School Nurses and Staff: Navigating Healthcare Support for Students

Navigating the healthcare system can be challenging for many of us and as school staff members we often encounter difficulties in providing the necessary support. This session will introduce you to Schoolnurselink.com, a valuable online resource designed to equip school staff with resources and connections essential for aiding families in their healthcare journey for their child. We will also explore several of the benefits offered by the managed care organizations that provide the insurance coverage for people who are Medicaid eligible.

Angie Anderson, BSN, RN, NCSN, Therapylog; Deb Cook, RN, AE-C, Retired School Nurse

1:30 - 1:45 pm

Break

1:45 - 2:45 pm

CONCURRENT BREAKOUT SESSIONS

You Care for Many...Who's Caring for You? Self-Care for Caring Hearts

Join us for an engaging and interactive presentation on self-care specifically designed for empathaths and caregivers. This session will provide practical strategies that participants can implement immediately to enhance their well-being. Learn how to set healthy boundaries, practice mindfulness, and incorporate small daily rituals that nurture your emotional and mental health. Participation is highly encouraged, as we create a fun and supportive environment where everyone can share their experiences and gain valuable insights. Together, we will explore ways to recharge and cultivate resilience in our demanding roles.

Dr. Kim Goforth, Columbia Public Schools; Dr. Sally Schulte, Columbia Public Schools

Evidence-Based Practices Regarding How to Prepare and Respond to an Opioid Emergency in Your School

Missouri students are at risk of fatal overdoses due to fentanyl and other prescription opioids. In this presentation, Health Program Coordinators from Columbia/Boone County Public Health and Human Services will educate you on why opioids such as fentanyl cause deaths and how to identify signs of an opioid overdose. In addition, you will be educated about how to administer the life-saving antidote naloxone and how to be better prepared for an overdose in your community.

Dave Zellmer, MPH, Columbia/Boone County Public Health & Human Services; Alec Mundle, CHES, MPH, Columbia/Boone County Public Health & Human Services

Youth Customer Personas: Assisting the Actual Not the Average

How do we begin targeting our efforts towards the youth we serve as apposed to the statistics that we often see. In this presentation, we will borrow marketing tactics to identify and describe the youth we hope to attract and utilize our services. We

will dive into how we are using personas to guide our work in program delivery, resource creation, and future planning. Working with youth can be challenging, particularly when those who need us most aren't the "average" in Missouri. This presentation will provide resources and tactics for discovering who the youth you serve are, how to connect with and market to them, and how to tailor your efforts to better meet their needs.

Donavon Barbarisi, Missouri Department of Health and Senior Services; Nia Estes, Missouri Department of Health and Senior Services

The Vaping Epidemic Continues...Let's Collaborate to End it!

Keeping up with countering the Tobacco Industry's tactics to addict youth to nicotine can seem impossible. Are traditional discipline or vape detectors working to reduce student vaping in your school? Is your school implementing its tobacco-free campus policy? Participants will gain knowledge and tools to partner in proactively ending the youth vaping epidemic in their schools. This session will cover how to address student nicotine addiction through positive discipline and cessation support like My Life My Quit.

Christy Inskip, Missouri Department of Health & Senior Services-Tobacco Prevention & Control Program; Abigail Newland, Missouri Department of Health & Senior Services-Tobacco Prevention & Control Program

2:45 - 3:00 pm

Break

3:00 - 4:00 pm

CONCURRENT BREAKOUT SESSIONS

Behavioral Health for Missouri Youth

The Missouri Department of Mental Health, Division of Behavioral Health (DBH) manages programs and services focused on behavioral health challenges. DBH partners closely with the Missouri Behavioral Health Council (MBHC), who represents over 30 behavioral health providers across the state. DBH and MBHC support programs and services for youth and their families that focus on prevention, education, resiliency skills, and treatment. Services are provided by local Certified Community Behavioral Health Clinics and Adolescent SUD providers - all contracted with DBH to provide services that meet state and federal standards. This presentation will provide a high-level overview of the youth continuum of care within DBH, with emphasis on prevention efforts, the crisis continuum, and referral avenues into the system. The purpose of this presentation is to connect school professionals with resources to rely on when youth they interact with need additional support or are in crisis.

Hannah Levely, Youth Services Coordinator, Missouri Department of Mental Health; Mikala Jungmeyer-Geiger, Youth Services Manager, Missouri Behavioral Health Council

Becoming School Friendly

Education is a social determinant of health and has long-term effects on children's health and economic outcomes. As students, educators, and families recover from the long-term effects of the COVID-19 pandemic, it is critical for the health and education sectors to align efforts to address the needs of children. Hospitals and healthcare delivery systems need a holistic framework for such partnerships. This session will detail the journey, led by Children's Mercy Kansas City, to develop principles of a school-friendly health system (SFHS), a school health partnerships framework based on lessons learned from nationally recognized baby-friendly hospitals and age-friendly health systems initiatives. Becoming school-friendly means that hospitals and health systems have made a commitment to actively help children achieve optimal health and reach their full academic potential. The five SFHS principles were developed through the input of expert stakeholders, including pediatricians, educators, health care delivery system and school administrators, school nurses, parents and guardians, and community health experts. In this interactive group session, the presenters will describe the SFHS principles, share learnings from the SFHS Learning Collaborative and engage with attendees in an activity on how to assess and improve their collaboration between education and health sectors.

Emily Thorpe, M.Ed., Children's Mercy Kansas City; Amanda Deacy, PhD, Children's Mercy Kansas City

Safeguarding Against Poison Related Dares and Challenges

Interested in learning about the latest poison-related dares and challenges like the Benadryl challenge and BORGs? Join the Missouri Poison Center as they discuss these unusual trends. They will also cover prevention strategies and how the poison center can be integrated into your workflow.

Amanda Ruback, Missouri Poison Center

Supporting Students with IEPs and 504 Plans: A School Nurse's Guide to Effective Navigation and Advocacy

Navigating Individualized Education Plans (IEPs) and 504 Plans can present significant challenges, from understanding the scope of your responsibilities to effectively communicating with families and school staff. We invite school nurses and other team members to join us as we provide insights and strategies to confidently fulfill your role. Learn how to support students and make a positive impact on their educational experience. Whether you're familiar with these processes or new to them, this session will empower you with the knowledge and tools necessary to navigate the process.

Natalie Botkin, BSN, RN, NCSN, Director of Health Services, Republic RIII Schools

4:15 - 5:15 pm

CLOSING SESSION

Insights from the 2023 Youth Risk Behavior Survey

CDC's Youth Risk Behavior Surveillance System (YRBSS) monitors priority health behaviors and experiences among students nationwide and helps to understand and address the challenges faced by today's young people. During this session we will

Wednesday, April 16, 2025

7:30 am

Registration

7:30 - 9:00 am

NETWORKING BREAKFAST

9:00 - 10:00 am

OPENING SESSION

Human Trafficking Part 1

Survivors of sex and labor trafficking can experience complex needs that are best met through a collaborative response from both victim service programs, behavioral health, and allied agencies surrounding them. This training will enable participants to define and discern between sex and labor trafficking, identify victims and survivors of human trafficking and vulnerable populations with the highest recruitment and grooming rates, and provide comprehensive tools for professionals to identify intersecting identities and issues, provide trauma-informed safety plans, and a collaborative referral network of services.

Bethany Gilot, Founder, BGilot Consulting

10:00 - 10:15 am

Break

10:15 - 11:15 am

CONCURRENT BREAKOUT SESSIONS

Human Trafficking Part 2

This training will build upon concepts addressed in the morning opening session. Survivors of sex and labor trafficking can experience complex needs that are best met through a collaborative response from both victim service programs, behavioral health, and allied agencies surrounding them. This training will enable participants to define and discern between sex and labor trafficking, identify victims and survivors of human trafficking and vulnerable populations with the highest recruitment and grooming rates, and provide comprehensive tools for professionals to identify intersecting identities and issues, provide trauma-informed safety plans, and a collaborative referral network of services.

Bethany Gilot, Founder, BGilot Consulting

Support Your Students to Develop a Healthy Body Image: Strategies & Resources for Schools

Body image dissatisfaction is a leading factor in the development of eating disorders (EDs), which are serious mental illnesses associated with numerous health and psychiatric comorbidities. Helping adolescents develop healthier relationships with their bodies is crucial, as improving body image can significantly reduce the risk of adolescents developing an ED. In this session, we will discuss strategies to create a school environment that promotes healthy body image by focusing on the following areas: 1) introducing the concept of body acceptance and understanding its benefits in fostering an inclusive and positive school environment, 2) exploring how diet culture influences societal norms and body image, including reviewing information on the potential harms caused by social media during adolescence, and 3) providing actionable steps that schools can take to promote healthy body image across various school settings including classrooms, sports programs, counseling services, and in the nurse's office. Finally, we will introduce the Body U Teens program as a resource to help students develop healthy body image and reduce their risk of developing an ED. The Body U Teens program offers schools access to EDs screening, along with an evidence-based suite of digital programs that has been proven to be highly effective in driving early intervention, prevention, and support for people at risk or with an ED.

Marie-Laure Firebaugh, LMSW, Washington University; Emily Fravel, MS, RD, LD, Washington University

Telehealth ROCKS Missouri: Building Schools/Community Pathways to Success

Telehealth ROCKS Missouri is a two-state initiative to address the national crisis in youth mental health and significant student inequities related to the Social Determinants of Health. The network of partners includes the Eldon, South Callaway, and Kennett School Districts in Missouri and nine school districts in southeast Kansas. The presenters will share the promising practice of school-based community health workers (SB-CHW) and tools for community partnership and engagement. Participants will discuss ways to maximize impact of these trusted "frontline public health workers" and differentiate their role within school teams. The presenters will also share strategies for building and sustaining engagement across stakeholders (e.g., student, family, education, health, mental health and wellbeing, social services, government, and others) and building community partnerships to address student and family needs. The presenters will summarize the Missouri certification processes as well as the importance a community of practice when extending CHW work to schools. The presentation will conclude with a call to action for participants to engage stakeholders to advance Social Determinants of Health goals within their unique schools and communities, including SB-CHW options.

Eve-Lynn Nelson, PhD, LP, FATA, University of Kansas Medical Center; Robert Stiles, University of Kansas Medical Center; Aaron Berendzen, Eldon School District; Meghan Opie, Eldon School District

Growing Healthy Students with the Three C's: Community, Classroom, and Cafeteria

If you've seen one Farm to School program, you've seen one Farm to School program! There is no set "Farm to School" formula, and the term evokes different ideas for different people. During this interactive session, we will provide resources for planning, funding, and building a sustainable farm to school (FTS) program. Participants will receive a FTS rubric designed to help your team guide FTS planning and regularly assess progress.

Lisa Lauer, Missouri Department of Health and Senior Services; Barbara Shaw, Missouri Department of Elementary and Secondary Education; Tracy Minnis, MU Extension

11:15 - 11:30 am

Break

11:30 - 12:30 pm

CONCURRENT BREAKOUT SESSIONS

Early Psychosis in Students: Why Educators Have a Key Role

This presentation will provide educators an overview of first episode psychosis, including its prevalence, impact on students, and the significance of the educators' role in identifying early warning signs. Resources from the Early Psychosis Care Center's free educator toolkit will be shared, including materials for discussing psychosis in the classroom, accommodations for students who experience psychosis, and methods for understanding students' experiences.

Grace Chapel, Early Psychosis Care Center

Collaborating for Success-Creating a Care Notebook

The Tri-County Health Department in collaboration with Special Health Care Needs Family Partnerships created a care notebook designed for its diverse use aiding professionals and families in tracking a child's health care needs and beyond. The Care Notebook is especially useful for children with disabilities, special health care needs, IEP's, and children in foster care.

Teresa McDonald, RN, BSN, Administrator, Tri County Health Department; Pat Fox, Special Health Care Family Partnership Initiative

Building Systems Change in School Health: Strategies for Sustainable and Collaborative Impact

In today's evolving educational landscape, promoting health and wellness in schools requires more than isolated programs—it calls for systemic, lasting change. This interactive session will inspire health educators, school nurses, wellness coordinators, and administrators to champion social and emotional wellness. By exploring the six conditions of systems change—policies, practices, resource flows, relationships, power dynamics, and mental models—participants will gain practical insights and actionable strategies for transforming school environments into healthy, inclusive spaces for students and staff. Through real-world examples and interactive discussions, attendees will leave equipped with tools to align wellness initiatives with educational goals, fostering a ripple effect that creates a healthier, more supportive school community.

Krysta Grangeno, Limitless Horizons Consulting; Andrew Shaughnessy, Limitless Horizons Consulting

Getting Your Comprehensive School-Based Mental Health System in SHAPE

What are the key components of a comprehensive school-based mental health system? How do we know how well our current school mental health system is meeting the needs of our district? Where do I start if I want to better support the well-being of our staff and students? If you've ever asked yourself these or similar questions, this session is for you! Join us to learn about how the School Mental Health Quality Assessment can help you reflect on the good work you are already doing, prioritize strategies and approaches you want to focus your efforts on, and plan for action. You will leave with access to a whole library of best practice guidance and implementation tools that are available free-of-charge through the School Health Assessment and Performance Evaluation (SHAPE) System.

Dr. Melissa Maras, Research Consultant, University of Missouri Assessment Resource Center; Chrissy Bashore, Coordinator of School Counseling and Student Wellness, DESE

12:30 pm

Conference Adjourns

REGISTRATION

(Please Type or Print)

Name (include credentials) _____

Organization _____

Address _____

City/State/Zip _____

Phone _____ Email _____

PRE-CONFERENCE SESSIONS

(Must Pre Register, Box Lunch Provided)

<input type="checkbox"/> Caring for Asthma in Schools (9:00 am—12 noon)	FREE
<input type="checkbox"/> Elevate Your Campus with WSCC (10:00 am—5:30 pm)	\$50
<input type="checkbox"/> Let's Make Sure They Can See & Hear (1:00—4:00 pm)	FREE
<input type="checkbox"/> Adolescent Health (1:00—5:30 pm)	Invitation ONLY

CONFERENCE REGISTRATION

<input type="checkbox"/> FULL CONFERENCE (Includes Reception, Breakfast, Lunch, Breaks and Conference Material for both Thursday and Friday Conference Days)	\$150
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Total Amount \$ _____

(10% Late Fee Added if Registering After Friday, January 31, 2025.)

Participation Roster Statement: All attendees will be included in a printed Attendee Roster distributed during the conference.

Payment Options

(No Purchase Orders Accepted)

☐ Check ☐ Invoice my Agency

Credit Card option is available with online registrations ONLY (service fees applied)

Online Registration: www.healthykidsmo.org

BREAKOUT SESSIONS

(One Selection Per Time Slot)

Tuesday @ 10:00 am

- ☐ Making Sense of What Doesn't
 - ☐ Driving Change
- ☐ Intro to School Based Mental Health
 - ☐ Let's Talk About It

Tuesday @ 12:30 pm

- ☐ Breathe Better: Stress Less
 - ☐ Power of Partnerships
 - ☐ It's Complicated
 - ☐ STI Prevention
- ☐ School Nurses and Staff

Tuesday @ 1:45 pm

- ☐ You Care for Many
 - ☐ Opioid Emergency
- ☐ Youth Customer Personas
- ☐ Vaping Epidemic Continues

Tuesday @ 3:00 pm

- ☐ Behavioral Health for MO's Youth
 - ☐ Becoming School Friendly
 - ☐ Poison Related Dares
- ☐ Support Students with IEPs

Wednesday @ 10:15 am

- ☐ Human Trafficking Part 2
- ☐ Develop a Healthy Body Image
- ☐ Telehealth ROCKS Missouri
- ☐ Growing Healthy Students

Wednesday @ 11:30 am

- ☐ Early Psychosis in Students
 - ☐ Creating a Care Notebook
- ☐ Strategies for Sustainable Impact
- ☐ Getting School Based MH in SHAPE

HOTEL INFORMATION

The 32st Annual Conference of MCSHC will be held at **The Lodge of Four Seasons**. A special hotel rate of **\$127.00+** for a single/double room occupancy in the main lodge is available until **March 21, 2025**. For reservations, call **888-265-5500** or go to www.4seasonsresort.com, and mention "Missouri Coordinated School Health Coalition" to receive the conference rate. **All exhibitors, sponsors and attendees are responsible for making their own hotel reservations.**

Book your hotel reservation online at: <https://reservations.travelclick.com/17336?groupID=4693567>

REGISTRATION INFORMATION

Completed registration forms and check payment should be sent to Missouri Coordinated School Health Coalition (MCSHC) at 722 E. Capitol Avenue, Jefferson City, MO 65101. Online Registration is available with credit card options at healthykidsmo.org. A **\$25.00 processing fee** will be deducted from all cancellations and no refunds will be given after **Monday, March 31, 2025**. If you have questions, contact Julie Lueckenhoff at julie@healthykidsmo.org.