



MISSOURI DEPARTMENT OF
**HEALTH &
SENIOR SERVICES**

Recipe for Success: Checklist to Support Tobacco-Free Students

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Tobacco Prevention and Control Program

Missouri Coordinated School Health Coalition Conference

February 26, 2026

Learning Objectives



- Understand the factors and products contributing to youth tobacco use.
- Identify the main components of a protective, tobacco-free school.
- Explain how to use the Tobacco and Vape-free School Checklist to collaboratively leverage strengths and fill gaps to successfully support tobacco-free students.

Outline



Trends and Impacts



Factors Driving Use



Effective Strategies



Completing the Checklist



Section 01

Trends and Impacts

Tobacco Use Among High School Youth

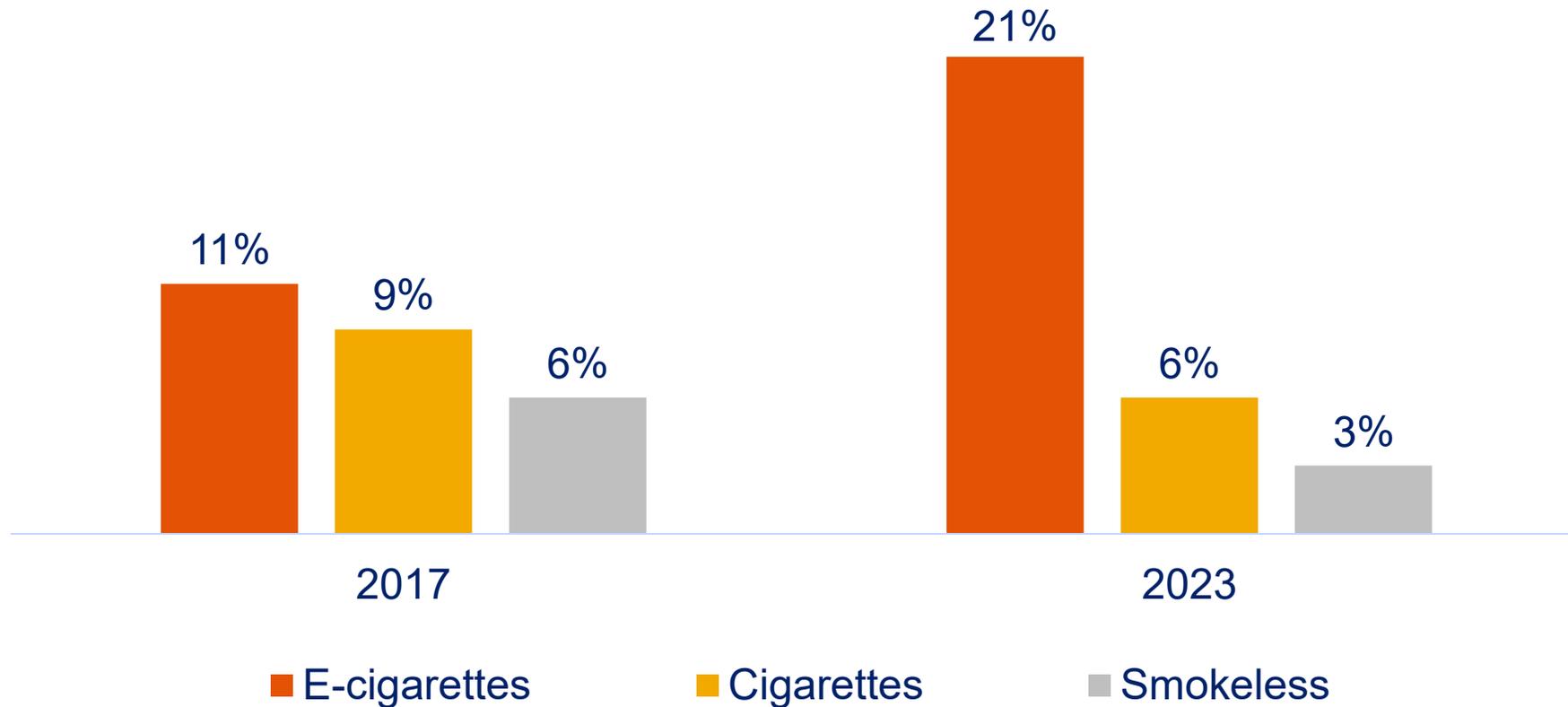


- 1 in 4 used some kind of tobacco product.
- 41% tried e-cigarettes.
- 13% used e-cigarettes frequently.
- The top reason U.S. youth gave for vaping was that they felt stressed, anxious or depressed.
- 87% who used tobacco, used flavors.



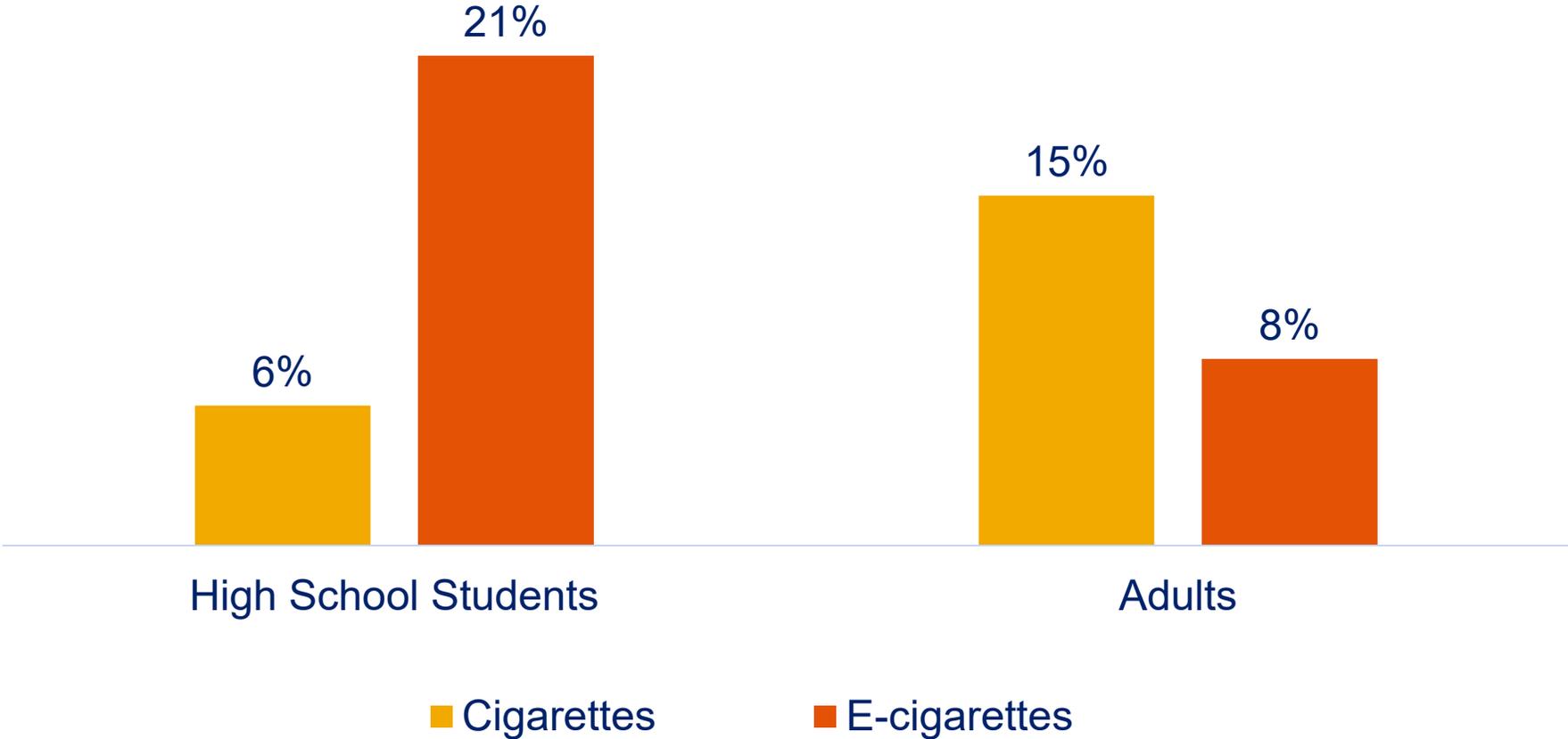
Teen feeling stressed

Tobacco Use Among Missouri High School Students



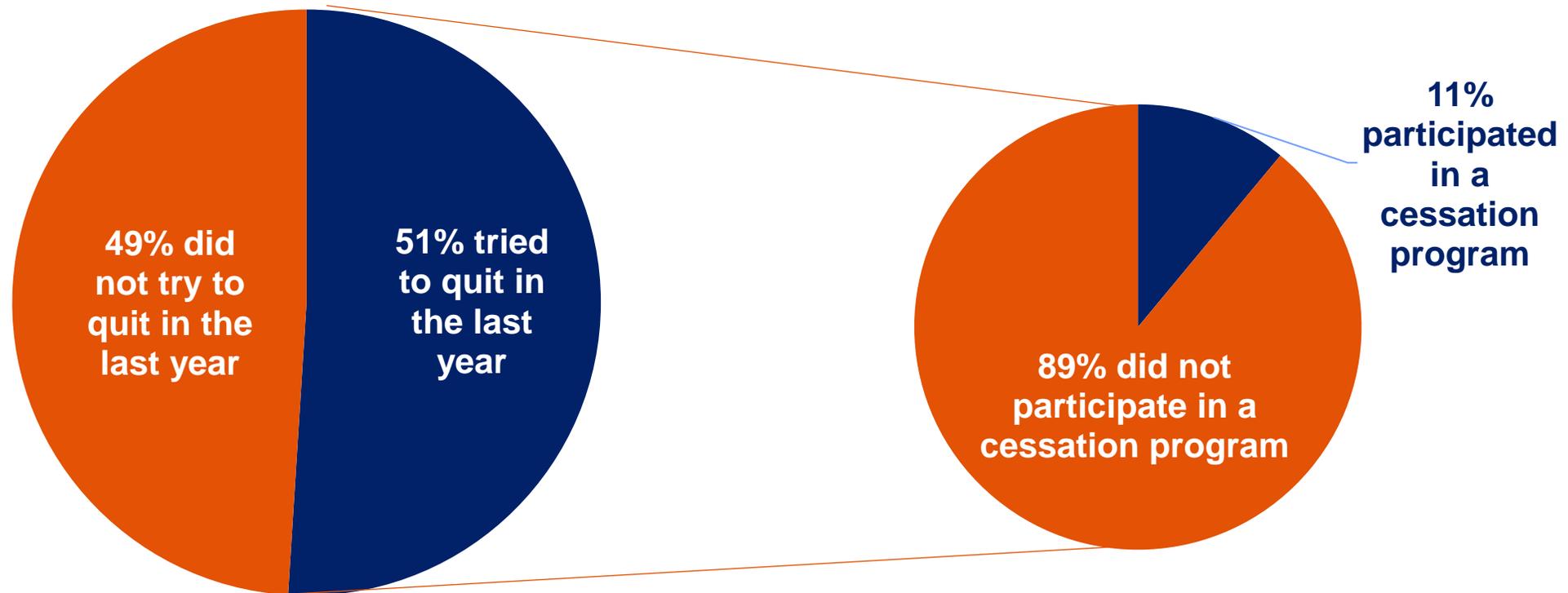
Sources: 2017-2023 YRBSS.

Tobacco Use in Missouri, 2023



Sources: 2023 YRBSS and 2023 BRFSS.

Tobacco Quit Attempts Among Missouri High School Students



Source: 2021 YRBSS.

Emerging “Smart Vapes”



- Smart vapes typically:
 - Include a digital display screen.
 - Have high levels of flavored nicotine.
 - Include special features.
 - Are about the same price as regular vapes.
 - Offer disposable and rechargeable devices.
- “*Smart vapes are particularly insidious, as they prey on three potential addictions: nicotine dependence, gaming disorder and screen time obsession.*” – Wong & Talbot, 2024



Geek Bar Pulse smart vape

Popular E-Cigarettes



Vuse Alto



JUUL



Geek Bar
Pulse



Raz



RAZ LTX



Breeze
Smoke

CIGS IN AN E-CIG



1 Pack of Cigarettes
= -22mg of Nicotine



~20
CIGARETTES



1 JUUL Pod
= -41.3mg of Nicotine



~37
CIGARETTES



1 Flum Float
= -400mg of Nicotine



~363
CIGARETTES



1 Elf Bar
= -650mg of Nicotine



~590
CIGARETTES

E-Cigarettes Have High Nicotine Levels

Popular Nicotine Pouches



- Nicotine pouches are typically labeled as containing 1.5 to 15+ mg nicotine.
- A study found pouches contain up to 48 mg nicotine and a median of 9 mg.
- Studies found nicotine level labeling to be vague or inaccurate and inconsistent with the actual tested nicotine content in the pouches.
- Nicotine pouches are not approved for sale by the Food and Drug Administration (FDA) for treatment of nicotine addiction, relapse prevention or relief of nicotine withdrawal symptoms.



ZYN



on!



VELO



Grizzly



Rogue



Zone

E-Cigarettes and Nicotine Pouches Authorized for Sale by the FDA



- To date, FDA has authorized 39 tobacco and menthol-flavored e-cigarette products and devices and 26 ZYN and on! PLUS oral nicotine pouches. These are the only products that may be lawfully sold in the U.S.
- Report a potential tobacco violation to FDA at <https://www.accessdata.fda.gov/scripts/ptvr/index.cfm>, call 1-877-CTP-1373 or email CTPCompliance@FDA.hhs.gov.

Searchable Tobacco Products Database

This database provides entries for tobacco products that may be legally marketed because they are 1) new tobacco products authorized through one of [three pathways to market](#), 2) established through a voluntary determination program as [pre-existing tobacco products](#) (commercially marketed as of Feb. 15, 2007), or 3) provisional tobacco products that were [removed from review](#). For more information on database terminology and Q&A, visit [Searchable Tobacco Products Database - Additional Information](#).

FDA also maintains a [printable flyer of authorized e-cigarettes](#).

No tobacco product is safe, and it is illegal to sell tobacco products to anyone under 21. Products in this database may be the subject of agency action for other reasons.

[Download All Records](#)

Search the Database

Search Company, Product Name, STN, MRTP, Additional Information

Search Company, Product Name, STN, MRTP, Additional Information

Category Sub-Category Submission Type - Marketing Authority

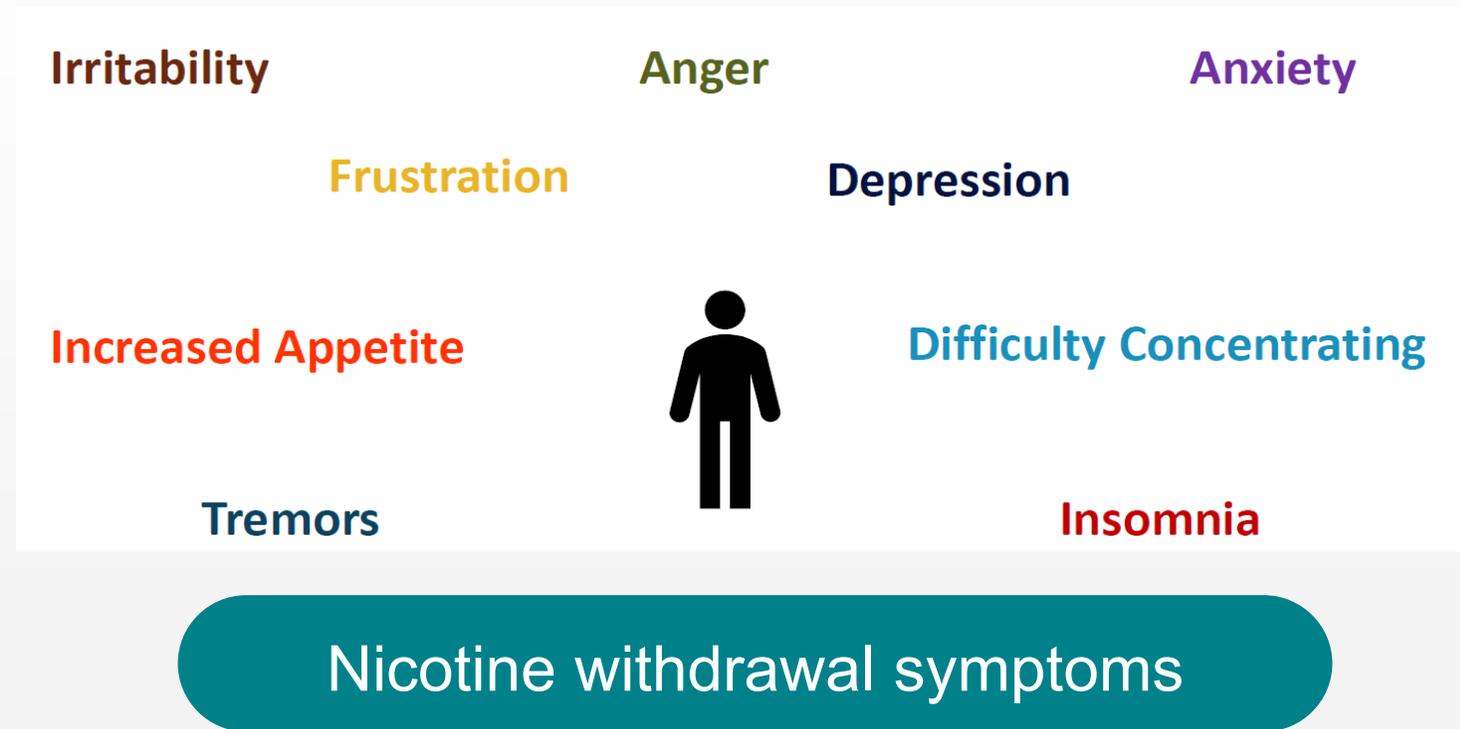
Date of Action From

FDA's Searchable Tobacco Products Database
<https://www.accessdata.fda.gov/scripts/searchtobacco/>

Nicotine Addiction and Withdrawal



- When a person is addicted to nicotine and stops using it, their body and brain must readjust to not having nicotine.
- Nicotine withdrawal symptoms involve physical, mental and emotional symptoms.
- Youth may keep using tobacco products to help relieve withdrawal symptoms.
- If youth abruptly stop nicotine intake without treatment, they will go through withdrawal.





Section 02

Factors

Driving Use

Factors Contributing to Youth Tobacco Use



- Targeted, pervasive tobacco industry marketing, spending over \$344 million/year in Missouri, 97% at retailers.
- High retail density and availability—23 tobacco retailers for every 1 McDonald's in Missouri and located near schools.
 - Nearly 2 in 3 public schools are within a 5-minute walk of a tobacco retailer.
 - More than 3 in 4 youth saw tobacco ads or promotions at a tobacco retailer.
- Cheap prices, flavored and packaged like candy with high levels of addictive nicotine.
- Lack of accountability for retailers.
- Lack of smokefree and tobacco-free environments.



Elementary school student looking at eye-level tobacco ads in a tobacco store near school

Factors Contributing to Youth Tobacco Use



- Youth who regularly see tobacco use at school or in the community and/or tobacco ads are more likely to use tobacco.
- Most youth visit convenience stores at least once a week, and even if they do not buy there, they are exposed there.



Elementary school students visiting a tobacco store with eye-level tobacco ads near their school



Section 03
Effective
Strategies

Commercial Tobacco Control Toolbox



Foundational Approaches



**Tobacco Price
Increases**



**Smoke-Free
Policies**



**Cessation
Access**



**Hard-Hitting
Media Campaigns**

Complementary Retail Strategies



**Product
Availability**



**Pricing &
Promotion**



Advertising



Age of Sale



**Retail
Licensure**

Effective Strategies to Prevent and Reduce Youth Tobacco Use

Accountability for Youth Tobacco Use



- Accountability for youth tobacco use should primarily fall on:
 - Retailers who violate existing laws that prohibit sales to minors.
 - Tobacco manufacturers who use marketing tactics known to appeal to youth.
- CDC recommends that schools:
 - Adopt comprehensive tobacco-free school campus policies, which reinforce tobacco-free norms.
 - Prioritize cessation and alternatives to exclusionary discipline for students seen using tobacco.



Tobacco store clerk carding a minor

Caution for Vape Detectors and Suspension



- The CDC is not aware of specific evidence to suggest that vape detectors in schools prevent or reduce youth vaping.
- Suspended youth are:
 - More likely to vape or use tobacco more.
 - More likely to drop out of school.
 - More likely to be arrested and on probation.
 - Less likely to quit vaping or using tobacco.
 - Less likely to graduate high school.
 - Less likely to go on to earn a bachelor's degree.





Supportive Discipline Framework



Section 04

Completing
the Checklist



Missouri's Guide to Creating a Comprehensive

Tobacco & Vape-Free School District

Healthy Schools. Healthy Students.



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573-526-1880



HOW TO ADDRESS YOUTH VAPING AND TOBACCO USE?

A comprehensive tobacco-free campus policy that includes full implementation of all of the following:

- ✓ Evidence-based prevention education for all students.
- ✓ Access to and wide promotion of evidence-based cessation resources to help those wanting to quit.
- ✓ Consistent and frequent communication about the policy and related practices.
- ✓ Consistent and friendly enforcement with everyone. Instead of suspension, offer cessation access and require an evidence-based supportive discipline program for students.
- ✓ Engage students in policy adoption and implementation.



Find resources below to support implementation of the strategies listed above. Schools should fully implement, regularly communicate, and enforce a comprehensive tobacco and vape-free campus policy:



Implement Prevention Education for all Students in all Grades
CATCH My Breath, Tobacco Prevention Toolkit, Vaping: Know the Truth, ASPIRE, or Tobacco Prevention and Education Resource Center.



Offer and Promote Cessation for Everyone
Find training for professionals through [Not On Tobacco](#) or [ACT to Address Youth Cessation](#).

For students - [My Life My Quit, NOT for Me](#)

For staff, contractors and visitors - [MO Tobacco Quit Services](#).



Implement Alternative to Suspension
Two evidence-based options are available to implement as a supportive discipline program, [INDEPTH](#) or [Healthy Futures](#). Offer cessation access through [My Life My Quit, NOT for Me](#). Find training for professionals through [Not On Tobacco](#) or [ACT to Address Youth Cessation](#).

CLICK TO DOWNLOAD >

Tobacco and Vape Free School District Guide
or
Resource List for Tobacco and Vape-Free Schools



Media Campaigns!

[BEHINDTHEHAZEMO.ORG](https://behindthehazemo.org)

[TOBACCOISCHANGINGMO.ORG](https://tobaccoischangingmo.org)



Missouri's Resource List for Tobacco and Vape-Free Schools

Intended to support the Missouri Guide to Creating a Tobacco and Vape-Free School District

April 2024



DHSS' Tobacco-Free School Resources

<https://health.mo.gov/living/wellness/tobacco/smokingandtobacco/prevention.php>

Tobacco-Free School Policy Checklist



Review policy to identify gaps and strengths:

- ✓ **Tobacco-Free Environment:** all products, all times, all places, for everyone.
- ✓ **Tobacco Prevention Education:** for all students.
- ✓ **Cessation:** evidence-based resources promoted to everyone and offered to students seen using tobacco.
- ✓ **Enforcement:** consistent, friendly and communicated with all; everyone is empowered.
 - ✓ **Supportive Discipline Program:** require tobacco education program (instead of suspension) for students and offer cessation.
- ✓ **Communication:** frequent reminders about policy to everyone everywhere.
- ✓ **Policy Management:** designate position/office for ongoing management.

Appendix
A

Comprehensive Tobacco & Vape-Free
School District Checklist

Complete the following assessments to determine how comprehensive your district's current tobacco-free policies are.

Characteristics of Current Tobacco Policy

1. When was the tobacco policy established?
2. Does the policy specify rules for (check all that apply): Students Staff Visitors
3. Does the policy cover all tobacco products (including cigarettes, cigars, cigarillos, smokeless tobacco, pipes, hookahs, and electronic cigarettes)? Yes No
4. Does the same policy apply to all schools in the school district? Yes No
5. According to the school district policy, are students, staff, and/or visitors allowed to use any tobacco or vaping products in any of the following places **DURING** regular school hours?

Places/Events	Students	Staff	Visitors
In school buildings	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>	No <input type="checkbox"/>
On school grounds in designated areas	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>	No <input type="checkbox"/>
Playing fields and spectator areas	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>	No <input type="checkbox"/>
School-sponsored events off campus	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>	No <input type="checkbox"/>
School vehicles	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>	No <input type="checkbox"/>
Administrative/other buildings and facilities	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>	No <input type="checkbox"/>

Tobacco-free School Checklist



Characteristics of Current Tobacco Policy

1. When was the tobacco policy established?
2. Does the policy specify rules for (check all that apply): Students Staff Visitors
3. Does the policy cover all tobacco products (including cigarettes, cigars, cigarillos, smokeless tobacco, pipes, hookahs, and electronic cigarettes)? Yes No
4. Does the same policy apply to all schools in the school district? Yes No



5. According to the school district policy, are students, staff, and/or visitors allowed to use any tobacco or vaping products in any of the following places **DURING** regular school hours?

Places/Events	Students	Staff	Visitors
In school buildings	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
On school grounds in designated areas	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
Playing fields and spectator areas	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
School-sponsored events off campus	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
School vehicles	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
Administrative/other buildings and facilities	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>

6. According to the school district policy, are students, staff, and/or visitors allowed to use tobacco or vaping products in any of the following places **AFTER** regular school hours? (ex: athletic events)



Places/Events	Students	Staff	Visitors
In school buildings	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>	No <input type="checkbox"/>
On school grounds in designated areas	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>	No <input type="checkbox"/>
Playing fields and spectator areas	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>	No <input type="checkbox"/>
School-sponsored events off campus	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>	No <input type="checkbox"/>
School vehicles	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>	No <input type="checkbox"/>
Administrative/other buildings and facilities	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>	No <input type="checkbox"/>

7. Does the policy prohibit tobacco advertising in school buildings, in property leased by the school, at school functions, in school publications, and on students' clothing? Yes No
8. Does the policy prohibit the school district from accepting funding from the tobacco industry for school supplies such as health curricula, computers, scoreboards, or anything else? Yes No



Communication

1. Identify how students, staff, and visitors are made aware of the school's (or school district's) tobacco policy. Check all that apply.

- | | |
|---|--|
| <input type="checkbox"/> Student and employee handbooks | <input type="checkbox"/> Written information |
| <input type="checkbox"/> Stipulations in contracts | <input type="checkbox"/> Verbal announcements at school or school sponsored events |
| <input type="checkbox"/> Meetings among staff or with parents | <input type="checkbox"/> Signs stating the policy in visible places at school(s) |
| <input type="checkbox"/> School district website | <input type="checkbox"/> Other (specify) |

Policy Enforcement

1. What is the title of the person/persons at the school (or district) responsible for enforcing and monitoring the tobacco policy?

- Unsure No one is in charge of enforcing and monitoring the current tobacco policy



2. How difficult has it been for your school or district to consistently enforce the current tobacco policy?

Not at all

Very difficult to enforce

Some difficulty with enforcement

Unsure

3. Describe the primary problems your school or district faces in enforcing the current tobacco policy (ex: students smoking, chewing, vaping, or using any type of tobacco or nicotine products in the restrooms).



4. Which of the following actions are taken when students violate the policy? Check all that apply.

Action taken	1 st offense	2 nd offense	3 rd offense
Referred to school administrator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Verbal or written warning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
In-school suspension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Out-of-school suspension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Meeting with parent/guardian	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Community/school service	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Notify parent or guardian	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Referral to tobacco, including e-cigarette or vaping product education or cessation program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Referral to an alternative-to-suspension program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Required attendance in a tobacco, including e-cigarette or vaping product education or cessation program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Required attendance in an alternative-to-suspension program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



5. Which of the following actions are taken when school staff violates the policy? Check all that apply.

Action taken	1 st offense	2 nd offense	3 rd offense
Referral to school administrator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Verbal or written warning or reprimand	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Suspension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Referral to a tobacco, including e-cigarette or vaping product education or cessation program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Required enrollment in tobacco, including e-cigarette or vaping product education or cessation program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

6. What actions are taken when visitors violate the tobacco policy?



Tobacco Prevention Education and Cessation

1. In which grades does your school teach tobacco or vaping product use prevention/education?

2. Is tobacco education part of a comprehensive school health curriculum? Yes No

If yes, what curriculum is used?

3. Which staff members typically provide the instruction?



4. Does your school provide access and referral to tobacco and vaping cessation programs for students or staff?

- Students: Yes No
- Staff: Yes No
- If yes, what programs are offered?

5. Does your school offer any on-campus cessation programs for students or staff?

- Students: Yes No
- Staff: Yes No
- If yes, what programs are offered?

6. Does your school conduct or take part in activities to promote a tobacco and vape-free lifestyle such as the Great American Smoke-Out or Kick Butts Day? Yes No



Prevention Education

- CATCH My Breath
- Tobacco Prevention Toolkit
- ASPIRE
- Vaping: Know the Truth
- Vaping Prevention and Education Resource Center



Supportive Discipline Tobacco Education

- INDEPTH
- Tobacco Prevention Toolkit: Healthy Futures



Cessation

- Missouri Tobacco Quit Services
 - My Life My Quit
- Not For Me
- Not On Tobacco
- ACT to Address Youth Cessation



Effective Education and Cessation



Congratulations on completing the checklist of your school district's tobacco policies!

If you selected “no, unsure, or have any comments,” those answers may indicate areas where improvement is needed. Administering staff, school board, and student surveys can garner additional information, support, and suggestions to create or strengthen your district's tobacco policies.

1. If your school does not have a comprehensive tobacco and vape-free policy, in your opinion, what is the primary reason?



2. Describe changes needed to make the current tobacco policy meet a comprehensive tobacco and vape-free policy:

- Changes needed to improve the tobacco use education and cessation services offered to your school district's students and staff:

- Changes needed to improve communication of your school's (or school district's) tobacco policy to students, staff, and visitors:

- Changes needed regarding enforcement of the policy, for the tobacco policy to be effective:

- Other changes needed to meet the comprehensive tobacco and vape-free policy:

Additional survey questions for schools without a Comprehensive Tobacco & Vape-Free Policy

Check the boxes or fill in the blanks below that most closely match your school district's policy. Your responses can help you develop a core group to work on improving your policy. Once completed, compile and review the results to assess how to garner support to assist in the development or strengthening of your policy.



Role of Youth

1. Does your school district have any active groups or clubs run by or for students with tobacco or vaping product use prevention and reduction as one of their main goals?

Yes No

If yes, please list or summarize activities.

2. What is the role of your school district's youth in advancing a comprehensive tobacco and vape-free school policy? What training or assistance do they receive or will they need to help them fulfill their role?



Support for a Comprehensive (100%) Tobacco and Vape-Free School Policy

1. Are you aware of any feedback, either negative or positive, from students, staff, or the community regarding your school or district's current tobacco policy? Yes No If yes, please summarize.

2. Is there discussion or interest from students, staff, or the community about implementing a comprehensive tobacco and vape-free school policy? Yes No If yes, please summarize.

3. Have there been previous efforts to develop or propose a comprehensive tobacco and vape-free school policy?

Yes No If yes, please summarize.



4. In your opinion, what proportion of students, staff, community, and school board members would support a comprehensive tobacco and vape-free school policy?

	None	Few	Some	Most	All
Students	<input type="checkbox"/>				
Staff	<input type="checkbox"/>				
Community members	<input type="checkbox"/>				
School Board	<input type="checkbox"/>				

5. Describe the strategies needed to increase student, staff, community member, and school board support of a comprehensive tobacco and vape-free school policy.



Partnerships & Collaborations

1. With which of the following tobacco prevention resources do you work? Check all that apply.

Asthma Coalition

Local Health Department

American Cancer Society American

Local Law Enforcement

Lung Association

Other

American Heart Association

Not working with any others

2. To develop, adopt, and implement a comprehensive tobacco and vape-free school district policy, what community organization(s) and stakeholder(s) should be involved?

Upcoming School Vaping TEAMS Program



- Support and equip schools to prevent and reduce student vaping by strengthening policies, practices, partnerships and infrastructure.
- Schools will apply and create interdisciplinary teams of 3-8 key people.
- Stay tuned for the application to be released!

Coming Soon!



School Vaping **TEAMS** Program

Please reach out if you are interested in learning more, have additional questions, or would like to be notified as program updates roll out.

OVERVIEW

The School Vaping Training, Education, Assistance, Mentorship and Support (TEAMS) Program will support and equip Missouri schools to successfully prevent and reduce student vaping by strengthening policies, practices, partnerships and infrastructure. Schools will apply and create interdisciplinary teams of three - eight. Applications will be available soon!

WHAT TO EXPECT

-  1 in-person kick-off meeting
-  Personalized toolkit
-  6 virtual group-based trainings
-  Peer-to-peer exchange sessions
-  Self-assessment tool
-  Technical assistance, mentoring and consultation



MISSOURI DEPARTMENT OF
**HEALTH &
SENIOR SERVICES**

CONTACT US

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Health.Mo.Gov

School Vaping TEAMS Flyer

Partnering to Reduce Youth Tobacco Use



- Youth
- School/district—superintendent, principal, school nurse, counselor, social worker, teacher, coach, board member, others
- Local public health agency
- Local health or prevention coalition
- Local law enforcement
- Regional Prevention Resource Center
- Health care, behavioral health, dental or social service providers
- Local MU Extension office
- Local college/university
- Nonprofit (e.g., American Heart Association)
- Local school or civic clubs
- Local media (e.g., newspaper, radio station)
- City/County administrator and elected officials



Partner with others to achieve
your goal

MY LIFE MY QUIT™ and Prevention Resources



Free promotional items to order at
<https://stateofmissouri.wufoo.com/forms/z1rlh8s51a3zdsz>.

Tobacco Cessation and Prevention Materials

Click on preview to view/download/print or fill out the form below to order materials.

Title	Quantity Requested
#767 MTQS Overview of Services Flyer – Spanish Cessation	<input type="text"/> Enter a value between 0 and 10.
Preview	
#768 MTQS Pregnancy NRT Poster – Spanish Cessation	<input type="text"/> Enter a value between 0 and 20.
Preview	
#779 My Life My Quit Jogging Girl – Poster Youth Cessation	<input type="text"/> Enter a value between 0 and 25.
Preview	
#780 My Life My Quit Soccer – Poster Youth Cessation	<input type="text"/> Enter a value between 0 and 25.
Preview	

Free materials for order



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QUESTIONS?

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