

# MISSOURI COORDINATED SCHOOL HEALTH NEWSLETTER

Volume 1 / Issue 6 – October 2020

## OUR MISSION

The MCSHC advocates and supports the Whole School, Whole Community, Whole Child model in every Missouri school to ensure students learn to be healthy and are healthy to learn.

## OUR VISION

All Missouri students are healthy, safe, engaged, supported and positively challenged for a successful future.



## THE MCSHC CONFERENCE REGISTRATION IS NOW AVAILABLE ON OUR WEBSITE

[HTTPS://WWW.HEALTHYKIDSMO.ORG/CONFERENCES/INDEX.PHP](https://www.healthykidsmo.org/conferences/index.php)

### Pre-Conference – December 3, 2020

- \*Youth Mental Health First Aid
- \*LGBTQ Crash Course

### Conference – December 4, 2020

- \*Practical Use of the WSCC model: Finding you WHY and Building Resilience
- \*Recovering During and After the Pandemic
- \*What Does Your Wellness Policy Say and What Does it Mean?
- \*Building Safe and Healthy Schools: Moving from Conversation to Action
- \*Taking Care of You: Managing Stress and Improving Health in Your Work and Life

**In lieu of con-current sessions** (MCSHC will pre-record sessions to view on your own)

- \*Laws that Impact School Nursing
- \*COVID-19, Youth Vaping in Schools
- \*Fostering Resilience through Mindfulness & Self-Regulation
- \*The Grandparent Café' – An example of the WSCC Model in action
- \*NEW! Child Abuse Prevention Education Guidance and training Materials
- \*A Closer Look at the 2020 Sexuality Education Standards, 2<sup>nd</sup> Edition
- \*Preventing Poisoning During COVID-19: What you need to Know to Keep Kids Safe
- \*Fostering Community Partnerships to Improve School Health & Well-Being

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*Each registered conference participant will receive access to all the pre-recorded sessions for a period of one month!*

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## QUESTIONS ABOUT SCHOOL RE-OPENING WITH COVID-19?

One of MCSHC's partners, Missouri Healthy Schools is here to help! Visit <http://www.mohealthyschools.com/> for resources and real-time assistance.

Times are challenging, and there are a lot of questions about how to best serve our students while keeping staff and students healthy and safe – whether at home or at a distance during COVID-19. Missouri Healthy Schools website provides a repository of **resources**, training and professional development **opportunities**, and access to **real-time assistance** from experts in several key areas related to safe school re-opening – including Nutrition Services, Physical Education, School Health Services, Employee Social and Emotional Well-Being, Asthma Care, School Facilities and Maintenance, and more.

## MCSHC Partner Update

**Shriners Hospitals for Children — St. Louis**, ranked #6 in the nation by US News and World Report for Pediatric Orthopaedic Hospitals, provides a full complement of pediatric orthopaedic services treating the following conditions, including, but not limited to:

- Fractures
- Clubfoot
- Hip disorders, such as hip dysplasia and Legg-Calve-Perthes disease
- Hand, arm, and shoulder disorders
- Limb deficiencies/discrepancies
- Scoliosis (curvature of the spine)
- Metabolic bone diseases such as osteogenesis imperfecta (brittle bone disease)
- Juvenile rheumatoid arthritis
- Orthopaedic problems related to cerebral palsy and spina bifida
- Custom-designed orthotic and prosthetic devices

Our medical team, led by Chief of Staff Scott Luhmann, M.D., is comprised of board certified, world-renowned orthopaedic surgeons. Our more than 90 attending and consulting physicians are among the leaders in teaching, treatment and research in pediatric orthopaedics worldwide.

We also provide children with compassionate therapy, innovative prosthetics and orthotics, and assistance with custom wheelchairs all in one location. In addition, our Research Center provides a variety of services to children with metabolic bone disorders (e.g., brittle bone disease).

**As always, our world-renowned orthopaedic surgeons see all children regardless of the families' ability to pay (including those who may have recently lost their insurance). It is easy to refer a patient, please call 1-800-850-2960 to begin the process.** Treatment no longer requires a referral from a Shriner. Not sure if we treat a certain condition? Call us! If we do not treat the condition, we can direct you to who can.

Improve your school overall...

**Whole School, Whole Community, Whole Child Model: A GUIDE TO IMPLEMENTATION**

provides step by step guidance for School Districts and Schools.

Learn more at: [http://www.ashaweb.org/wp-content/uploads/2017/10/NACDD\\_WSCC\\_Guide\\_Final.pdf](http://www.ashaweb.org/wp-content/uploads/2017/10/NACDD_WSCC_Guide_Final.pdf)