

LT. Ed Moses, Retired<sub>1</sub>

## Ojectives

 Recite number one cancer killer of women {#6 CDC source on slide}

 List the three main areas of the brain in order of alcohol impairment {#36 Dr. John Duncan OK U

Identify the age of brain maturity {#37 Dr.
 Daniel Amen of www.amenclinics.com}





## Our Children Targeted Parents Unaware

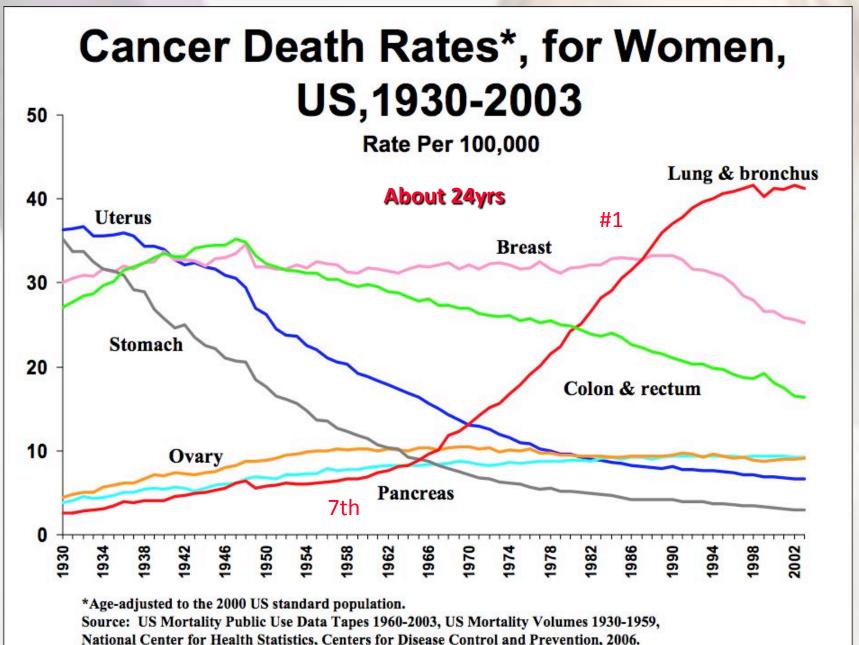
In the little world in which children have their existence, whosoever brings them up, there is nothing so finely perceived and so finely felt, as injustice. **Charles Dickens** 

# More Women Die every year due to Lung Cancer than Breast Cancer

\*2007 70,880 women died from Lung Cancer, while 40,460 women died from Breast Cancer.

\*Estimated by

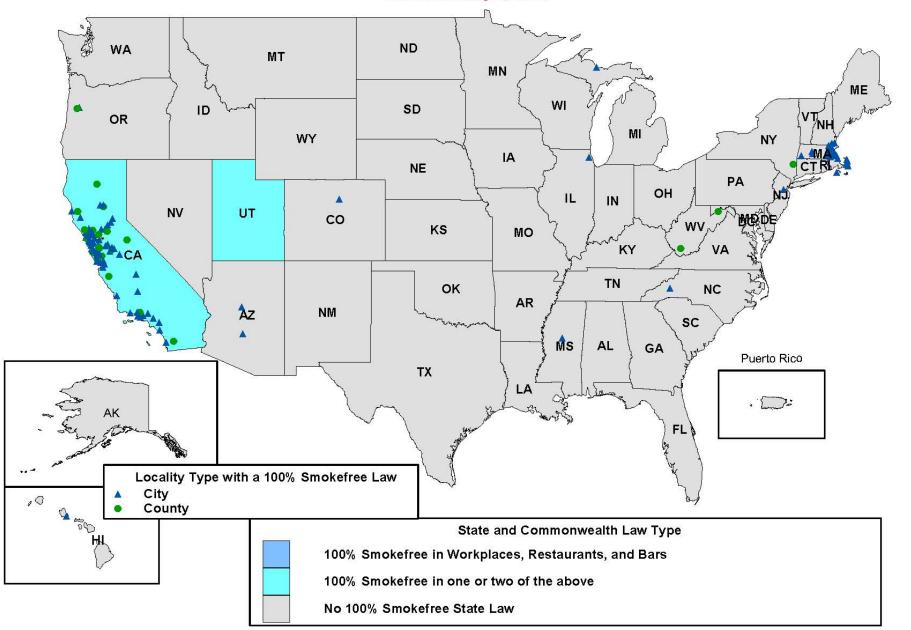
**American Cancer Society** 



#### **United States 100% Smokefree Laws**

#### **American Nonsmokers' Rights Foundation**

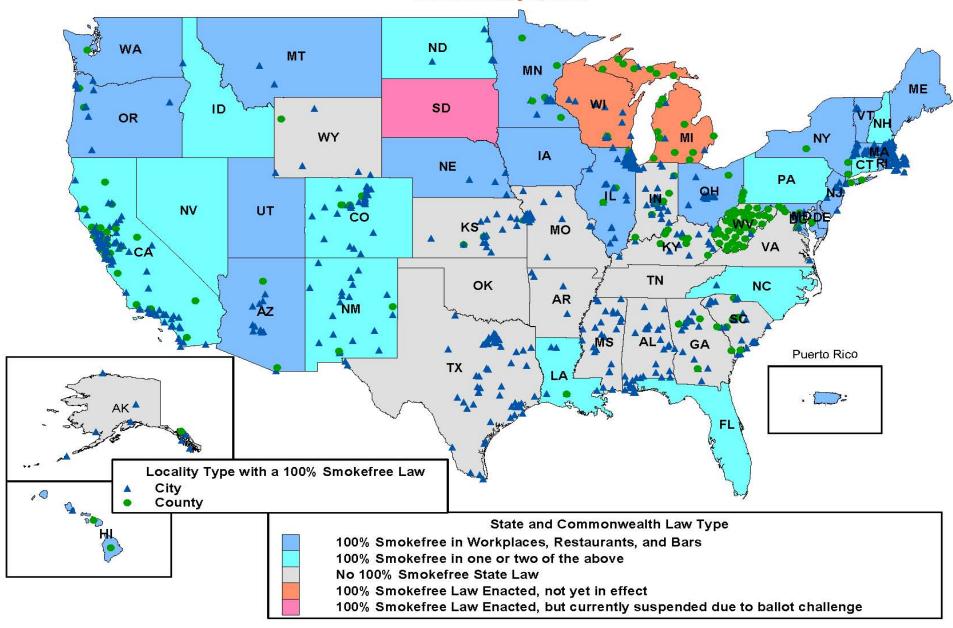
As of January 1, 2000



#### **United States 100% Smokefree Laws**

#### **American Nonsmokers' Rights Foundation**

As of January 5, 2010



#### Success trends cause Marketing Change

Internal Medicine News 11/1/06

<u>Cigarette Nicotine Levels</u> <u>Increase 10% in 6 Years</u>

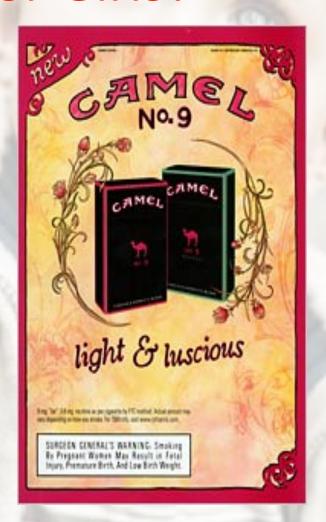
Reports Commissioner

Paul J. Cote Jr., of Massachusetts Dept. of Public Health one of only 3 states that require tobacco co. to report yearly nicotine yields

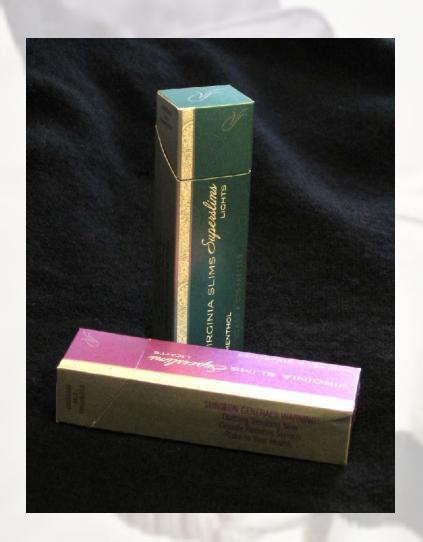
### '07 Camel Ads

## • Pink Camels for Girls?



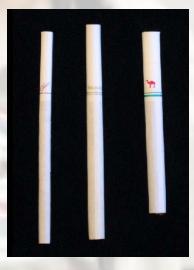


## And the latest...





VIRGINIA SLIMS "PURSE PACKS"



### Camel Exotic Blends

A few years ago, R.J. Reynolds introduced **Camel Exotic Blends** in a range of flavors, featuring unusual packaging that was bright and alluring.

In 2006, RJR pulled this line of flavored cigarettes after signing a settlement with 39 state AG's to stop marketing flavored cigarettes.

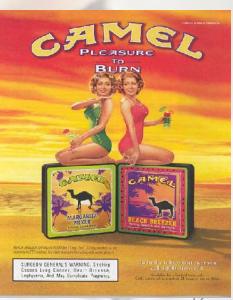












TZ

## Camel Signature Blends

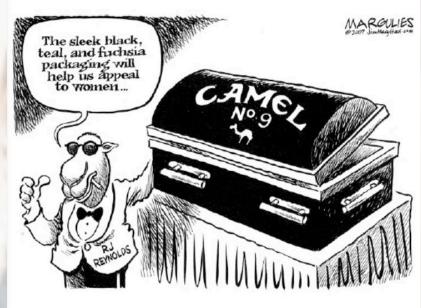
RJR agreed not to use certain terms – such as "sweet" and "creamy" – to market any future flavored cigarettes to the public. But this is RJR, so it was inevitable that the spirit of the agreement would be violated: new **signature** blends were created.



### **Tobacco Marketing**

Guests at these events received Camel No. 9 products, as well as other feminine items, such as body jewels and bracelets with the black and pink theme.





RJ Reynolds, 2007. "If a Camel light smoker sees No. 9 and she thinks it is even better for her than what's she smoking, that's a good thing for us because it's making a current franchise smoker feel even better about the brand."

\* Based on current cigarette smoking patterns, an estimated 25 million Americans who are alive today will die prematurely from smoking-related illnesses, including 5 million people younger than 18.6 Smokers on the average die 14 years sooner. - CDC

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## Point of Sale Advertising: Location, Location



## These cigars can easily be mistaken for candy by adults and children alike.



Colorful White Owl flavored cigar display near Easter candy at a Mobil gas station counter in Washington D.C. in April 2006.

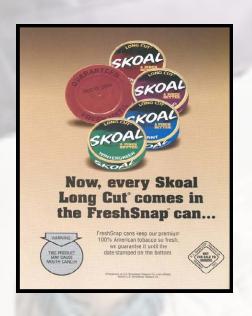
Altria now owns John Middleton, Inc., makers of **Black & Mild** cigars, flavors that are often sold at low prices, singly or in small packs, making them even more appealing to youth.







## Smokeless tobacco comes in a variety of candy flavors



















## **Snus Products**







Other products created for situations where smokers cannot smoke: Stonewall Hard Snuff Tobacco and Ariva-flavored tobacco lozenges.





## New smokeless, dissolvable tobacco products from R.J. Reynolds



Test marketing in Columbus, OH, Portland, OR and Indianapolis, IN starting in January 2009

## E-Smoke Nicotine mist









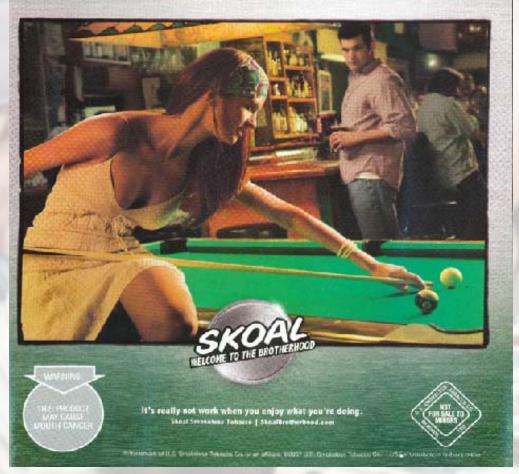
Sensor detects when smoker Atomizer takes a puff vaporizes nicotine LED lights up when Cartridge Microprocessor smoker takes a puff holds nicotine controls Battery disolved in propylene atomizer and LED glycol

Dipping vs. smoking?

BETTER FOR MY SEX LIFE.

What do you mean?

WHILE SOME ARE OUTSIDE SMOKING, I'M INSIDE WORKING.

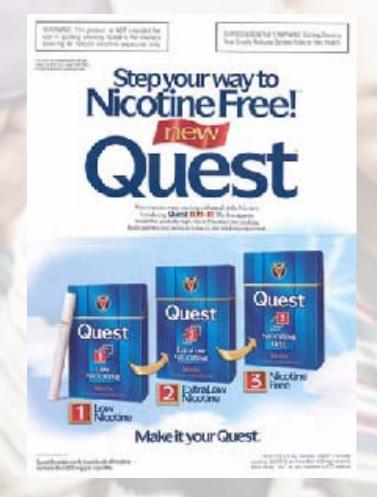


## "[It] will not kill them as quick or as much as other brands,"

Bennett LeBow, CEO, Vecotor, Manufacturer of new Omni Cigarettes, USA TODAY 01/11/2002











### Little cigars come in many flavors:

 Strawberry Chocolate Peach Berry Sour Apple Grape Pineapple Watermelon Banana















2006 U.S. Surgeon General's Report on 2nd hand Smoke

Minnesotans will pay \$215.7
million dollars to treat health
conditions caused by exposure to
secondhand smoke

Reported by Dr. Marc Manley of MN Blue Cross & Blue Shield

## Smoking Related Cost to Medicaid in MO 2001 & '01 Tobacco Settlement

-\$182.1 Million cost +\$151. Million pymt \$-31.1 Million Loss

Net loss 1 area alone

**News Tribune The Statesman** 



### How can you prove the Tobacco Industry needs to recruit teen customers? Tobacco executives' own once-secret documents tell the story. Behind closed doors, they write,

"...the base of our business is the high school student."

MCCHC/12



They discuss using <u>sweeteners</u> to lure children. They write about the need to attract teenagers to <u>replace dying smokers</u>.

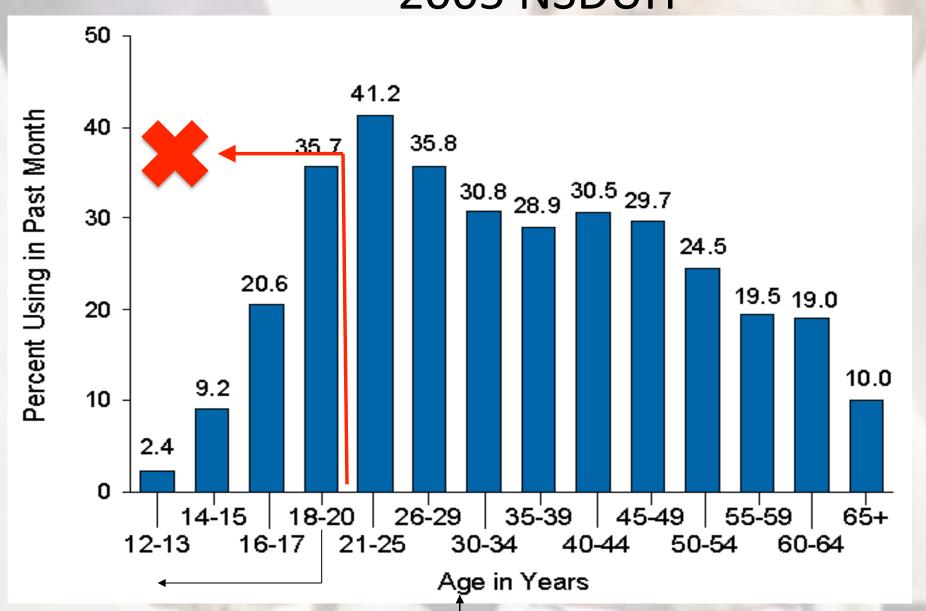
They analyze how to craft ads to appeal to young people. It's laid out clearly, in their own words. [googled - tmvoice & found:]

www.leg.state.mn.us/docs/pre2003/other/bigplan/tobacco/\_vti\_cnf/indexb.html - 4k - "This Web-based document was archived by the Minnesota Legislative Reference Library."

#### **Tobacco Marketing**

- Camel Walk \$8 Mill vs Joe Cool > \$478 Mill
- Marlboro Woman vs Man > \$1 vs \$1,000
- Cancer Lung 7<sup>th</sup> to 1<sup>st</sup> by '88 > Vir. Phlegm
- Boys spit draws..... Flies
- Girls smell???? 5 vs 1

## Past Month Cigarette Use by Age 2005 NSDUH



### THIRD HAND SMOKE

- When a cigarette burns, nicotine is released in the form of a vapor that collects and condenses on indoor surfaces such as walls, carpeting, drapes and furniture, where it can linger for months, said the study, which was published in the Proceedings of the National Academy of Sciences (PNAS).
- "Our study shows that when this residual nicotine reacts with ambient nitrous acid it forms carcinogenic tobaccospecific nitrosamines, or TSNAs," said Hugo Destaillats, a corresponding author of the study.
- "TSNAs are among the most carcinogens present in unburned tobacco and tobacco smoke," he said.

### **TEEN SMOKERS WANT TO QUIT**

University of Rochester NY researcher Dr. Jonathan D. Klein reported from two teen surveys

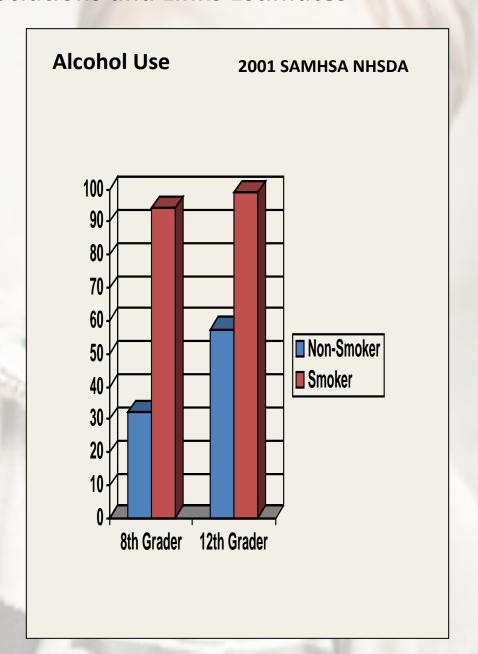
87 percent and 73 percent, respectively -- said that they wanted to quit.

- Gateway drugs impair judgment.
  - —If a person gets drunk or high, its easier to say yes to cocaine or whatever else is around.
  - -These drugs break down <u>inhibitions</u>, so a person is more susceptible to peer [self] pressure or experimenting.
  - -They don't just impair judgment -these drugs can change the way a person feels about drugs in general.



#### **Associations and Links Estimates**

- Alcohol Use 8<sup>th</sup> and 12<sup>th</sup> Grade:
  - -Non-smokers
    - 32% 8th Grade
    - 57.4% 12th Grade
  - -Pack-a-day smoker
    - 94% 8th Grade
    - 98.8% 12th Grade



#### **Three Main Parts**

Cerebrum

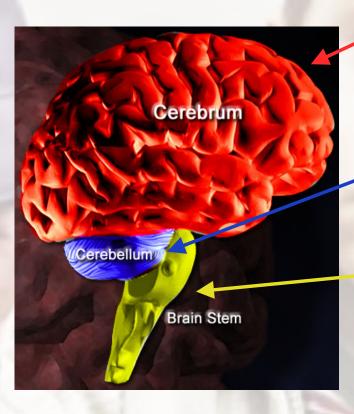
Cerebellum

Brain Stem

#### NOTE:

Each is further divided into regions that control specific functions

Alcohol Effects Brain in Reverse Order Learned



1st Judgment INHIBITIONS

2nd Hand Eye Coordination

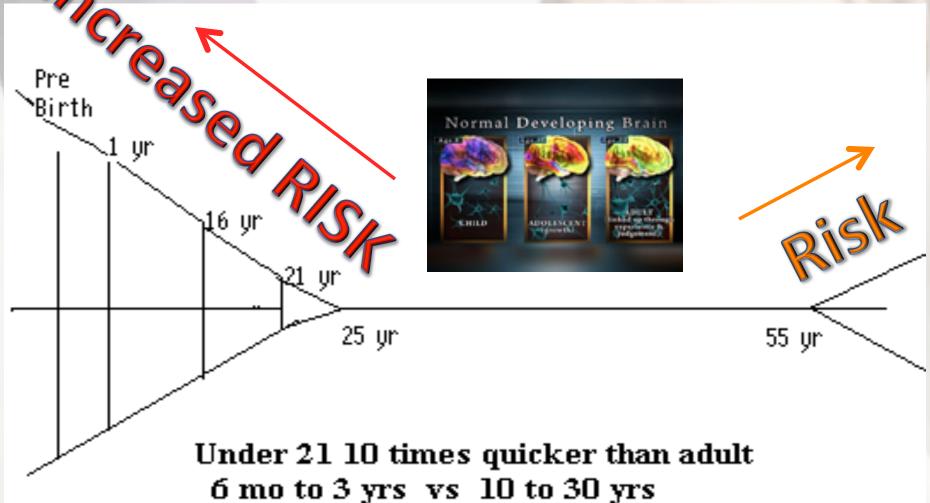
3rd Vital Areas

**Beginners** at:

Socializing
Driving
Drinking

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[Graph visual example only]



Younger the organ quicker& more severe damage

### Increased Risk for Adults: 25 to 55

- More than 2 drinks per day
- More than 4 times per week
- FEMALE
- Descendant of Alcoholic
- Some Cultures / the why is debated
- Pregnant
- Taking Medication
- Sensitive to Alcohol
- Any activity requiring critical thinking or decisive reaction.. Operating vehicle, vessel, or aircraft

# Crash Probability @ .05-.10% per

IIA, NHTSA



- Male Adult
- Male Teen x 18

- Female Adult x 25
- Female Teen x 54

1:2 Female teen vs. Male teen J-4

# **Drinking Lab – 300**o/10yr BAC .03-.20

- By .02 .03 Majority gave up keys
- By .05 all gave up keys
- Downside requested keys 2x to 5x higher
- .06 vs .11 [ Driver / Passenger J4 ]
- 1975 16 year old drivers killed > 19 per 100,000
- 2000 16 year old drivers killed> 35 per 100,000 NHTSA

### Alcohol related

Kent University research on shock game.

No alcohol <u>level 1to 3</u>,

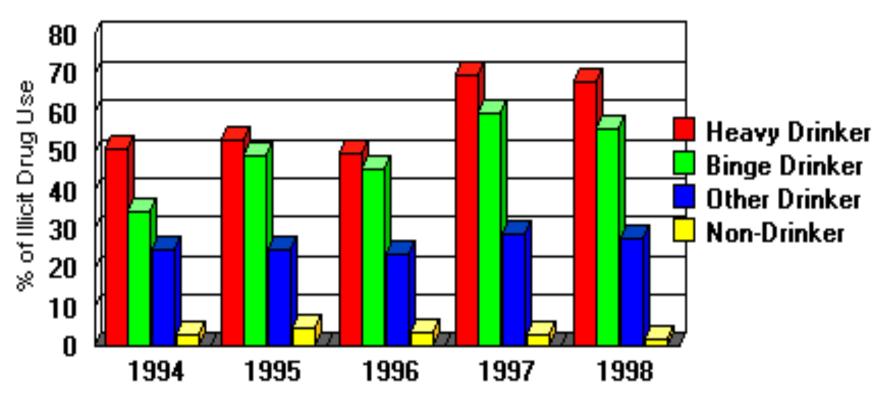
with either intoxicated [male or female] starts 6 to 7 and quickly escalates to maximum of 10.

 Brain scan showing activity on alcohol ads with college students.

"Getting Stupid" video

### Alcohol





Relationship between alohol use by 12-17 year olds and illicit drug use

May 1, 2006 NEW STUDY IN ARCHIVES OF PEDIATRICS AND ADOLESCENT MEDICINE AND CASA\* REPORT REVEAL:

#### **Teen Mantra:**



- UNDERAGE DRINKERS,
  ALCOHOLICS AND ALCOHOL
  ABUSERS CONSUME BETWEEN
  37.5 AND 48.8 PERCENT
  OF ALCOHOL SOLD
- MORE THAN A QUARTER OF

  UNDERAGE DRINKERS MEET

  CLINICAL CRITERIA FOR ALCOHOL

  ABUSE OR DEPENDENCE

### Why Target: Teen\$ & problem Drinker\$

Anheuser Busch



#### If Takes Two to Suck & Flow

Located at a convenience store near you! If your convenience store does not carry

products, ask them to start!



- National Center on Addiction and Substance Abuse (CASA) at Columbia University, finds:
- underage drinkers and adult pathological drinkers account for at least \$48.3
   billion and as much as \$62.9
   billion in alcohol sales in 2001

\*The last year for which the necessary data were available. Columbia U. NY

May 1, 2006

'06 Tilt no Al'08 No caffeine - add Al'11-12 Al 12% to 8% ??

### Alcoholic Energy Drinks

Alcoholic energy drinks are prepackaged beverages that combine <u>alcohol</u> with caffeine, <u>guarana, ginseng, taurine</u>, and <u>other ingredients</u> commonly associated with nonalcoholic energy drinks.

They may be malt- or distilled spirits-based.

Sparks is the top selling malt-based brand, while Pink Vodka and V2 Vodka are examples of distilled spirit-based products. Get the latest information and learn how you can help Marin Institute keep them out of the hands of young people.

We are now called "Alcohol Justice,"

"The Industry Watchdog,"



### Pseudophedrine/ephedrine-Caffeine 1-phenyl-2-methylaminopropanol

#### **Researchers say:**

Ephedra, herbal stimulant used by millions of Americans for body building, energy, and weight loss, can cause **heart attacks**, **stroke**, **seizures and death** in otherwise healthy young people

Trend "Energy Drinks" > Amp, Pimp Juice, Full Throttle, Rock Star, Monster Energy, Rage, Cocaine, Red Bull > Aside from caffeine & sugar, some common ingredients are taurine, ginseng, guarana, vitamins, & green tea. Some have methylxanthines, inositol, carnitine, creatine, glucuronolactone and ginkgo biloba [WebMD & Wikipedia]

Anheuser-Busch's > Tilt, B to the E [30 states sued - off market]



# Sparks - Note: Alcohol 6-12% Volume 1 pint+ [16-24 oz]



The joint venture of **SABMiller and Molson Coors Brewing will** voluntarily tone down the formula of Sparks to remove caffeine, taurine, guarana and ginseng, and it has agreed not to produce alcohol-caffeine combos in the future, MillerCoors said



Four has added a 23.5oz (695ml) beverage called Four Loko to their product line. It contains 12.0%ABV. Currently there are seven flavors available, the three original flavors (fruit punch, orange blend and grape), watermelon, blue raspberry, lemonade, and cranberry lemonade. Four LOKO is currently only for the U.S. market. A 23.5oz can of Four Loko is estimated to contain 660 calories.

Joose is an alcoholic energy drink 9-12% AVB

contains caffeine, taurine, ginseng, and certified colors. Joose is currently available in 23.5 oz orange, red, purple, green, or blue cans on a black background. Current flavors include the original Joose, Tropical, Dragon, Joose, Jungle, Mamba, Panther













# Some equal to 2 - 6 beers plus stimulant products



A 23.5-ounce can of Four Loko sells for about \$2.50 and has an alcohol content of 12 percent, making it comparable to drinking five to six beers.









### A Deadly Combination

A 23.5 ounce can of Four Loko contains 12.0% alcohol. That means just one can of Four Loko is like drinking 4 to 6 cans of beer. It also contains as much caffeine as 8 to 12 small cups of coffee.

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### Top This! Flavored Alcohol Whipped Cream

- A new alcohol product is appearing in Omaha area stores.
- CREAM is alcohol-infused whipped cream sold in tall, 12.8 oz. cans.
- The potent product contains 15% alcohol by volume, which is about three times that found in an average beer. It needs no refrigeration, so it is convenient to transport to parties.
- CREAM, and a similar product called Whipped Lightning (which is 18% alcohol by volume



MCSHC'S PUDY IN ARCHIVES OF PEDIATRICS AND ADOLESCENT MEDICINE AND CASA\* REPORT REVEAL:

MAY 1, 2006

UNDERAGE DRINKERS, ALCOHOLICS AND ALCOHOL ABUSERS CONSUME BETWEEN 37.5

AND 48.8 PERCENT OF ALCOHOL SOLD

MORE THAN A QUARTER OF UNDERAGE
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that underage drinkers and adult pathological drinkers account for at least \$48.3 billion and as much as \$62.9 billion in alcohol sales in 2001,

the last year for which the necessary data were available.

MCSHC'12

### BN# 665 MSP 2' 07 ANHEUSER BUSCH'S PRODUCT "SPYKES"



MCSHC'12

# Malt beverage at 12% alcohol in very slick bottles

Anheuser Busch marketed 2.5-3 oz "Spykes" in a handful of states thus far. Marketed as something to add to beer to improve the flavor, or to pour over ice. They come in four flavors:

Spicy Mango

**Hot Melons** 

**Hot Chocolate** 

Spicy Lime

In Michigan they sold for \$0.75 up to \$1.00 each

### 'Eyeballing' Fad has Teens Pouring Vodka into Eyes

Wednesday, May 26, 2010 FOX NEWS



More of prank than an effective way to ingest alcohol

YouTube.

### Alcohol does not make anyone smarter







Joke...I hope?

## MCSHC112 — HAND SANITIZER





- LOS ANGELES, April 24 (UPI) -- Distilling alcohol from hand sanitizer with salt and drinking the substance straight-up landed six teens in Los Angeles County emergency rooms, officials say.
- Helen Arbogast, injury prevention coordinator-trauma program at Children's Hospital Los Angeles, said cases of individuals suffering from alcohol poisoning by consuming hand sanitizer straight from the bottle have been publicized in recent years.

#### Read more:

http://www.upi.com/Health\_News/ 2012/04/24/Teen-alcohol-poisoningfrom-hand-sanitizer/ UPI-74511335318165/#ixzz1vVQqYlYh

#### MCSHC'12

- Strong evidence that use of alcohol and tobacco sets up patterns of behavior making it easier to take the next step and use other drugs
- Strong statistical <u>association between</u> <u>adolescents' use of tobacco and alcohol –</u> <u>to progression of drug use</u>
  - Smoking Tobacco: Training ground for smoking other drugs



NOTE: The use of marijuana and other drugs is exceedingly rare among those who have not used tobacco and alcohol first

MCSHC'12

## K2, Spice[Gold,Silver,Diamond], Blaze, Blond, Buddha, Genie, Yucatan Fire

 In the 1990s, Professor John W Huffman led a group of researchers at Clemson University to create a large series of <u>synthetic</u> <u>cannabinoids</u> –

among them JWH-018 and JWH-073 for use in lab experiments -

**NOT** for human consumption.

Huffman said synthetic compounds never been tested on humans

could have toxic results

MAY be a certain carcinogenic (cancer) potential with its consumption.

### JWH-018, JWH-073

- JWH-018 and JWH-073 are more potent THC –
- less is needed for the user to get high will last longer.
- 3 to 5 times more potent than THC.
- Risks of accidental overdosing
- risk of <u>severe psychiatric complications</u>
- type and amount of cannaboinoid may <u>vary considerably</u> from batch to batch even within the same product.
- Some researchers believe <u>tolerance</u> to synthetic cannabinoids may develop <u>fairly fast</u>
- might be associated with <u>relatively high potential to cause</u> <u>dependence</u>.

### Effects Spice, EMCDDA survey

To prove pharmacological activity/drug positive & blood/urine samples, a selfexperiment was conducted by two authors.

- One cigarette containing <u>0.3 g Spice</u> Diamond was smoked & several blood and urine samples were collected.
- About 10 minutes later, first noticeable effects occurred; <u>considerably</u> <u>reddened conjunctivae</u>, <u>significant increase of pulse rates</u>, <u>xerostomia (dry</u> <u>mouth)</u> and an <u>alteration of mood & perception</u>.
- In objective <u>psychomotor tests</u>, <u>no abnormalities were detected</u>, although the <u>subjects had the impression of being moderately impaired</u>.
- The effects continued for about six hours under slow attenuation.
- The whole next day, some minor after-effects were still noticeable.
- These findings were <u>consistent</u> with the majority of reports Based on anecdotal reports,
- HU-210 is hundreds of times more potent than THC, DEA

## SPICE / K2



Ingredients: Baybean, Blue Lotus, Lion's Tail, Lousewort, Indian Warrior, Dwarf Scullcap, Maconha Brava, Pink Lotus, Marshmallow, Red Clover, Rose, Siberian Motherwort, Canavalia Maritime, Leonotis Leonurus, Leonurus Sibiricus, Pedicularis Densiflora, Scuttellaria Nana, Vanilla Planifolia, Zorinia Latifolia, Magnolia Officinalis, Rosa Gallica, Trifolium

### Spice K2



## **Delta-9 THC**

$$\mathsf{H}_{3}\mathsf{C} \\ \mathsf{H}_{3}\mathsf{C} \\ \mathsf{C} \\ \mathsf{H}_{3}\mathsf{C} \\ \mathsf{C} \\ \mathsf{H}_{3}\mathsf{C} \\ \mathsf{C} \\ \mathsf{H}_{3} \\ \mathsf{C} \\$$

### K2 use and the DRE Matrix

| Drug Symptom Matrix  |                   |                |                       |                   |               |                        |          |         |
|----------------------|-------------------|----------------|-----------------------|-------------------|---------------|------------------------|----------|---------|
|                      | CNS<br>Depressant | Inhalants      | Dissociative<br>Drugs | CNS<br>Stimulants | Hallucinogens | Narcotic<br>analgesics | Cannabis | К2      |
| Horizontal nystagmus | Yes               | Yes            | Yes                   | No                | No            | No                     | No       | No      |
| Vertical Nystagmus   | Present *         | Present*       | Present               | No                | No            | No                     | No       | No      |
| Lack of Convergence  | Present           | Present        | Present               | No                | No            | No                     | Present  | Present |
| Pupil Size           | Normal            | Normal         | Normal                | Dilated           | Dilated       | Constricted            | Dilated* | Normal  |
| Reaction to Light    | Slow              | Slow           | Normal                | Slow              | Normal        | Little to none         | Normal   | Normal  |
| Pulse Rate           | Down              | Up             | Up                    | Up                | Up            | Down                   | Up       | Up      |
| Blood Pressure       | Down              | Up/Down        | Up                    | Up                | Up            | Down                   | Up       | Up      |
| Body Temperature     | Normal            | Up/Down/Normal | up                    | Up                | Up            | Down                   | Normal   | Normal  |

High doses



| T.          | CB1     | CB2    | CB1 Ki (nM) | CB2 Ki (nM) |
|-------------|---------|--------|-------------|-------------|
| Delta9-THC  | 1.64    |        | 15.3        |             |
| ACEA        | 1428.57 |        | 1.4         | 2000        |
| ACPA        | 325     |        | 2.2         | 715         |
| AM630       |         | 165    | 5152        | 31.2        |
| AM6527      | 95      |        | 4.88        | 463         |
| BAY 38-7271 | 3.22    |        | 1.85        | 5.96        |
| CP 47,497   |         |        | 2.2         |             |
| CP 55,244   |         |        | 0.11r       | ND          |
| CP 55,940   |         | 2.12   | 1.1         | 0.52        |
| HU-210      | 8       |        | 0.061       | 0.52        |
| HU-308      |         | 434.78 | 10000       | 23          |
| JWH-004     |         | 11.94  | 48          | 4.02        |
| JWH-007     |         | 3.23   | 9.5         | 2.94        |
| JWH-009     |         | 2.21   | 311         | 141         |
| JWH-015     |         | 28     | 383         | 13.8        |
| JWH-016     |         | 5.13   | 22          | 4.29        |
| JWH-018     |         | 3.06   | 9           | 2.94        |
| JWH-019     |         | 1.77   | 9.8         | 5.55        |

MCSHC'12

### BoCoMO Bay, Columbia

Kevin Bay ...Busted 9/'11
Over \$700,000 seized





### Khat

Khat is a naturally occurring stimulant derived from the Catha edulis shrub. This shrub is primarily cultivated in East Africa and the Arabian Peninsula. The use of khat is an established cultural tradition for many social situations in those regions. Khat is also known as Abyssinian tea, African salad, oat, kat, chat, and catha. Khat has two active ingredients, cathinone and cathine.

#### MCSHC'12

- Qat chewing in Yemen is some 400 years old, reported, 19th-century, Yamini can go for several days without food, but not a single day without qat. Men and women and children, they all use it.
- The adverse health effects of qat...
  high blood-pressure, under- weight
  children (when pregnant women chew
  qat), cancer (from consuming
  pesticide residues), and dental
  diseases. spend, nearly 10 percent
  of income [on qat].

### Qat....Khat



# MDPV: "Ivory Wave" Methylenedioxypyrovalerone





#### Several Illinois cases 2010:

- Related to MDMA but effects are like meth
- 4-hour euphoric high-profound sexual stimulation
- O.D.: panic attack, rapid heart beat, B.P. sweating, and muscle lock-up
- Deep depression hangover
- No tox tests not scheduled

### Bath Salts/Powdered Plant Food

- Ivory Wave, Red Dove, Vanilla Sky marketed at bath salts
- Snorted or smoked
- These powders contain methylmethcathinone (4-MMC) or methylenedioxypyrovalerone (MDPV)
  - powerful mood altering stimulants similar to effects of cocaine and methamphetamine
- 4-MMC is a designer take-off of the plant stimulant found in Africa - Khat
- Can be a stand-alone product sold in some brands of foreign made plant food
- · Users claim they feel more social and interactive

#### **MDPV**

- A more brazen stimulant can lead to muscle spasm or user may engage in meaningless repetitive motions or behaviors, similar to tweaking
- High dose users have experienced hallucinations and profound paranoia.
- In combinations (with 4-MMC), the drugs have added stimulant effects

MCSHC'12 Mcat, the street name for Mephodrone, is also known as Meph, Meow, Magic and Plant Food and is most commonly sold in white powder or crystal form. It is sold as plant food via the internet and is illegal under medicines legislation to sell, supply or advertise for human consumption.

According to the Darlington Drug and Alcohol Action Team, mephedrone can cause nose bleeds, nose burns, hallucinations, blood circulation problems, rashes, anxiety, paranoia, fits and delusions.[1] According to the company Crew2000, other problems may include poor concentration, poor short-term memory, tachycardia, palpitations, anxiety, depression, hyperhidrosis, mydriasis, trismus, and bruxism.[6] A survey conducted by the National Addiction Centre, UK found that 51% of mephedrone users said they suffered from headaches, 43% from heart palpitations, 27% from nausea and 15% from cold or blue fingers.[5]

## Lazy Cakes





"Larry Lazycakes"

# Lazy Cakes - The relaxation brownie

- Drug filled brownies containing melatonin, valerian root, passion flower and rose hips.
- Has enough melatonin to put the average adults into a deep sleep - recommended dosage is .2 mg., but each cake has 7.8 mg.
- Melatonin can cause impairment to the central nervous system, trouble breathing, and nausea.
- Valerian Root is comparable to valium or tranquilizers.

## Lazy Cakes - Cont.

- Appealing to children since it looks like candy
- Sold in colorful, psychedelic wrappers and features a cartoon character - Larry Lazycakes.
- Its slogan is "Peace, Love and Lazy Cakes"
- Sales have gone so well that they are considering introducing a product to counteract the relaxation brownie - a caffeinated browning called an "Up Cake."

# New logos to watch for



Drank is now sold as a supplement, rather than as a beverage, in order to keep melatonin as an ingredient.









71% of all deaths among persons aged 10--24 years result from 4 causes:

### **MOTOR-VEHICLE CRASHES**

[#1, but less than 50% of all Alcohol related deaths]

# OTHER UNINTENTIONAL INJURIES HOMICIDE SUICIDE

Basic CAUSE??

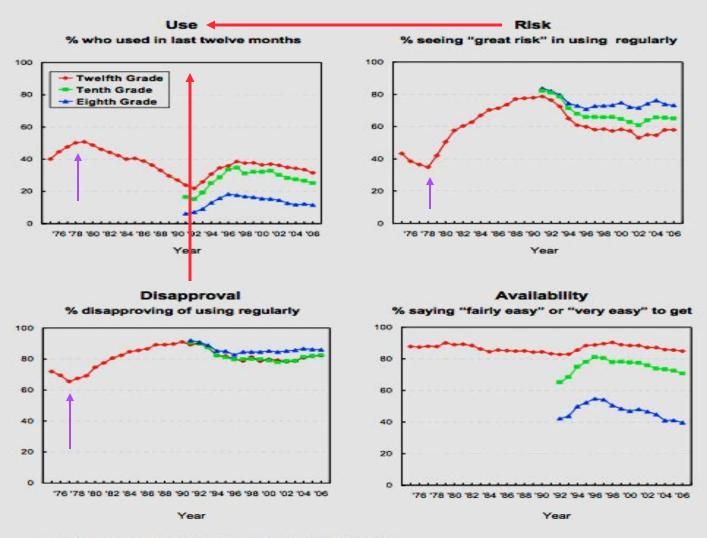
BAD JUDGEMENT!!

#### MTF U of Mich

FIGURE 2

Marijuana: Trends in Annual Use, Risk, Disapproval, and Availability

Eighth, Tenth, and Twelfth Graders



Source: The Monitoring the Future Study, the University of Michigan



#### Addiction

- Drugs are far more addictive than alcohol. [Dr. Mitchell Rosenthal, director of Phoenix House]
  - 10 percent of adult drinkers become alcoholics [1 in 7 teens]

 Up to <u>75 percent</u> of regular illicit drug users become addicted MCSHC'12 Choking game," Pass-Out, Space Monkey, Flatliner, or Blackout, Scarfing [autoerotic death]

- A survey of students published earlier this year in the journal Injury Prevention -performed in the wake of a student death at a Texas school -- found that 68% of respondents had heard of the game and 45% knew someone who had "played."
- LA Times
- Eating Cinnamon Challenge

#### NEP - Needle "Giveaway" Program



Needle "exchange" program in California county handed out nearly 80,000 syringes in a year but only 77 NEP participants enrolled in substance abuse treatment

Nearly half of drug users in five U.S. cities with needle exchange programs shared syringes

# MCSHC'12 Hilary Duff Show for Pre-teens





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"Happy Crack"

 2008 St. Louis MO area

Snorting K00l-Aid mix and sugar

 Abusers get sensation, but no high



MCSHC'12

#### **Center for Disease Control - 2008**

- Tobacco use is the leading preventable cause of death in the United States. Cigarette smoking causes an estimated 438,000 deaths, or about 1 of every 5 deaths, each year. [ 20% ]
- This estimate includes approximately 38,000 deaths from secondhand smoke exposure.
- More deaths are caused each year by tobacco use than by all combined deaths from:
- human immunodeficiency virus (HIV), illegal drug use, alcohol use, motor vehicle injuries, suicides, and murders.

#### Summary

While use of alcohol and/or tobacco does not guarantee use of marijuana and other drugs,

the use of marijuana and other drugs is exceedingly rare among those who have not used alcohol or tobacco first.

#### Summary

The use of any illegal drug or abuse of a legal drug serve as a "Gateway" to the experimentation and use of other drugs.

The willingness to take chances increase as they learn to obtain substances illegally, use it, control the side effects, hide what they've done, and learn how to deal with any guilt and shame over what they've done.

More < Frequent < Stronger < Different

#### Resources

American Council for Drug Education <a href="http://www.acde.org/">http://www.acde.org/</a>

Americans For Drug Free Youth <a href="http://www.americansfordrugfreeyouth.org/Home.htm">http://www.americansfordrugfreeyouth.org/Home.htm</a>

CDC Youth Risk Behavior Surveillance <a href="http://www.cdc.gov/mmwr/preview/mmwrhtml/ss5505a1.htm">http://www.cdc.gov/mmwr/preview/mmwrhtml/ss5505a1.htm</a>

DAWN Drug Abuse Warning Network <a href="https://dawninfo.samhsa.gov/default.asp">https://dawninfo.samhsa.gov/default.asp</a>

DEA Drug Enforcement Administration <a href="http://www.dea.gov/">http://www.dea.gov/</a>

DEC Idaho Conf. Material <a href="http://www.isp.state.id.us/DEC">http://www.isp.state.id.us/DEC</a> Conference/materials.html

Dept of Education <a href="http://www.ed.gov/parents/academic/involve/drugfree/tips">http://www.ed.gov/parents/academic/involve/drugfree/tips</a> pg6.html

Drug Watch International <a href="http://www.drugwatch.org/">http://www.drugwatch.org/</a>

Monitoring the Future <a href="http://www.monitoringthefuture.org/">http://www.monitoringthefuture.org/</a>

National Families in Action <a href="http://www.nationalfamilies.org/">http://www.nationalfamilies.org/</a>

National Institute on Alcohol Abuse and Alcoholism <a href="http://www.niaaa.nih.gov/">http://www.niaaa.nih.gov/</a>

National Survey Drug Use and Health 2005 <a href="http://oas.samhsa.gov/NSDUH/2k5NSDUH/2k5results.htm">http://oas.samhsa.gov/NSDUH/2k5NSDUH/2k5results.htm</a>

NHTSA <a href="http://www.nhtsa.dot.gov/people/injury/TSFLaws/PDFs/810727W.pdf">http://www.nhtsa.dot.gov/people/injury/TSFLaws/PDFs/810727W.pdf</a>

NIDA National Institute on Drug Abuse <a href="http://www.nida.nih.gov/">http://www.nida.nih.gov/</a>

Office of National Drug Control Policy <a href="http://www.ondcp.gov/">http://www.ondcp.gov/</a>

Parents the Antidrug <a href="http://www.theantidrug.com/">http://www.theantidrug.com/</a>

Partnership For a Drug Free America <a href="http://www.drugfree.org/">http://www.drugfree.org/</a>

PRIDE Surveys <a href="http://www.cspinet.org/booze/FactSheets/PRIDE2000.htm">http://www.cspinet.org/booze/FactSheets/PRIDE2000.htm</a>

Student Drug Testing <a href="http://www.studentdrugtesting.org/">http://www.studentdrugtesting.org/</a>

Substance Abuse and Mental Health Services Administration

SAMHSA <a href="http://prevention.samhsa.gov">http://prevention.samhsa.gov</a>

SAMHSA Family <a href="http://www.family.samhsa.gov">http://www.family.samhsa.gov</a>

SAMHSA <a href="http://www.oas.samhsa.gov/NHSDA/TeenAlc/teenalc.pdf">http://www.oas.samhsa.gov/NHSDA/TeenAlc/teenalc.pdf</a>

#### **Lesson Sources**



#### All www.

Whitehousedrugpolicy.gov/hidta/midwest.html

Dea.gov

**CDCYouth Risk Behavior Surveillance** 

cdc.gov/mmwr/preview/mmwrhtml/ss5505a1.htm

Inhalants.org

Monitoringthefuture.org

preventionminnesota.com

isp.state.id.us/DEC\_Conference/materials.html

nlm.nih.gov/medlineplus/druginfo/medmaster/a682492.html

# Lesson Sources All www.



cspinet.org/booze/FactSheets/PRIDE2000.htm drugfree.org Inhalants.org isp.state.id.us/DEC Conference/materials.html madd.org preventionminnesota.com nlm.nih.gov/medlineplus/druginfo/medmaster/a682492.html oas.samhsa.gov/NSDUH/2k5NSDUH/2k5results.htm

